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MIT COMMUNITY
CHRISTMAS PARTY
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Muckleshoot Monthly
39015 - 172nd Ave. S.E.
Auburn, WA 98092

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
AUBURN, WA
PERMIT NO. 86

**2017 MIT
OPEN
HOUSE**
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Muckleshoot MONTHLY



Vol. XIX No. I

Muckleshoot Indian Reservation, Wash.

February 4, 2018

Casino Buying Huckleberries

Huckleberry Pickers Directions: The Casino will purchase quality huckleberries from Muckleshoot Indian Tribal members 16 years of age or older (Tribal ID must be shown at time of delivery) that are delivered clean (no stems or leaves) to the Casino in one-gallon zip-lock bags.

The casino will accept frozen high quality huckleberries on February 8th and February 9th only. There will be no limit to the number of one-gallon bags of berries the casino will accept from the same individual seller.

The Casino will pay \$100.00 per gallon for Excellent quality huckleberries. Casino staff will determine the quality of the huckleberries.

All huckleberry deliveries should be made to Muckleshoot Casino at 2402 Auburn Way South, Auburn, WA 98002 at the warehouse dock (door 4) located by the parking garage at the back side of the building down the delivery ramp. The huckleberries should be delivered in one-gallon zip-lock bags and they will be inspected and graded for quality at time of delivery. Delivery hours will match warehouse hours (7:00 a.m. – 3:00 p.m. weekdays only).

Pickers agreeing to sell their product will be given a receipt (load manifest) from the Casino documenting the transaction and authorizing payment to the picker for the huckleberries received.

The picker will receive payment from Muckleshoot Seafood Products who is acting as the consolidator for the Casino. The picker should bring the load manifest receipt to *Lisa Sneatum or Carl Abbott* at the Planning Offices (Philip Starr Building) 39015 172nd Avenue SE, Auburn WA 98092. Receipt from the casino will be exchanged for cash payment at that location.

If you have any questions please contact Lisa Sneatum @ (253) 876-3325 or Carl Abbott @ (253) 876-3150. Thank you, Muckleshoot Casino Purchasing Department, Marie Reid, Purchasing Manager, Ext: 2330

Tax Preparation Service At Philip Starr Building



H&R Block has again opened an office in the conference room at the top of the stairs in the Philip Starr Building to assist tribal members and tribal employees in the preparation of their federal income tax returns.

Office hours are:
10am – 5pm Monday, Wednesday and Friday
10am – 2pm Tuesday & Thursday

Dates of operation are as follows:
Opening Monday January 22nd and closing Tuesday April 17th

Please stop by to drop off your tax forms (1099-misc & W-2's) and pick up your completed return at your convenience with our drop off service. Appointments can be made online at www.hr-block.com or by calling the office but are not necessary for drop-off services.

The Tribal Council has approved the following for you:

- The Tribe will pay up to a maximum of \$190 per Return (\$210 if Box 7 on 1099) for tribal member households. Please note that the immediate discount is only available at the Philip Starr Building H&R Block office.
- Reimbursement of up to \$190 (\$210 if Box 7 on 1099) if tribal member has already filed their 2017 tax return at another H&R Block location or tax preparer. Just bring in the receipt to Finance and fill out the request for reimbursement.
- 20% discount for tribal members and a \$20 discount for all tribal employees. Coupons are available at Finance Reception.

TRIBE CHOOSES ITS LEADERS



Anita Mitchell



Louie Ungaro



Donny Stevenson

Anita Mitchell, Louie Ungaro & Donny Stevenson top an excellent field

The 2018 Tribal Council election is now in the record books, with two incumbents retained and one new member. Vice-Chair Anita Mitchell, who is also an attorney, was sent back for a second term, while Louie Ungaro earned a third and MIT's HR Director Donny Stevenson is this year's "new blood."

Muckleshoot has an almost uncanny pattern of replacing one council member per election. You have to go back to 2001 to find an election where all three were retained, and there have been only two elections that brought in two new members. The pattern has repeated 15 times in 18 years!

Anita was the top vote getter with 320 votes, while Louie finished second with 309. Donny, who came close last year, finished third

with 225 votes, edging out four-term veteran council member Kerri Marquez, who had 199.

Former council member Nick Bennett finished fifth with 179 and veteran tribal leader Marie Starr was sixth with 151 votes. Savannah Collick and Roger Brown, both representing the younger generation, finished off the 100+ group with 115 and 105, respectively. Sonja Moses just missed that mark, finishing with 99 votes.

Once again, the 2018 Tribal Election drew an excellent field of candidates; and, as in years past, their campaigns were run in a very positive manner, with the good of the Tribe foremost in the minds of all. This year's electees will take the oath of office in April, as per the MIT Constitution.

Muckleshoot Tribal Election Results

✓ Anita Mitchell	320
✓ Louie Ungaro	309
✓ Donny Stevenson	225
Kerri Marquez	199
Nick Bennett	178
Marie Starr	151
Savannah Collick	115
Roger Brown	105
Sonja Moses	99
Trudi Moses	65
Daniel WhiteEagle	60
Huda Swelam	58
Elaine Daniels	52
Susan Starr	52
Janet Emery	48
Linda Starr	36
Nelson Eyle	28
Sandy Heddrick	28
Grace Nevins	22

2017 Washington State Legislative Report & 2018 Agenda

OLYMPIA – As always, the Muckleshoot Tribe played an active role in Olympia in 2017, a year that saw a long list of state-level issues of importance to the Tribe. Below is an overview of key issues and efforts from 2017 and issues that will be pursued in the current 2018 session of the Washington State Legislature.

GAMING-RELATED EFFORTS

Non-Tribal Gaming Expansion – successfully opposed legislative efforts to expand non-tribal gaming, including proposals to legalize fantasy sports as either on-line gambling or as games-of-skill.
Lottery Commission – Engaged with the Lottery Commission to create better communication and improved relations. It is important to have strong relationships with the Lottery Commission, as they essentially offer expanded non-tribal gaming opportunities to the public. By engaging with the Lottery, we create open communication and can work together rather than against each other in the gaming arena.

NATURAL RESOURCE ISSUES

Hirst Decision -- Worked closely with numerous stakeholders to successfully oppose efforts to completely roll back the Hirst decision on water resource management. The Hirst issue is about protecting senior water rights holders, like tribes, from seeing critical in-stream flows for salmon runs depleted by too much growth. A Hirst bill will be considered in 2018. Constant engagement will be imperative to improving the bill on issues important to Tribes.

Net Pen Atlantic Salmon Farming – Monitored the catastrophic failure of Cooke Aquaculture's Cypress Island net pen operation and subsequent legislative inquiries that have laid the groundwork for 2018 legislation that will hopefully lead to the prohibition of Atlantic salmon farming in Washington state waters.

MARIJUANA REGULATION & OVERSIGHT

Protecting Tribal Rights – Successfully changed state law to clarify that the State Liquor & Cannabis Board cannot authorize marijuana retail operations within Indian Country without the impacted

Tribe's consent. Prior to this, the state authorized a non-tribal marijuana retail store directly across the street from the Muckleshoot Casino, without the Tribe's permission.

DE-ESCALATE WASHINGTON

Initiative I-940 – The Muckleshoot Tribe successfully engaged in the effort to secure sufficient signatures to qualify I-940 as an initiative to the legislature in 2018 to address police use of force abuses. The De-Escalate Washington movement is a two-part effort to reduce unnecessary police shootings against the general public and especially communities of color.

The initiative, which will likely be the ballot in November 2018, would eliminate the requirement that prosecutors prove actual malice in order to prosecute a police officer for a deadly shooting, replacing it with a "good faith" standard where the officer's conduct is judged by what a reasonable officer would have done in the same situation. Further, the initiative includes new requirements for "de-escalation" training for police officers. The Tribe very much supports this effort.

INDIAN CHILD WELFARE ACT

Protecting ICWA Adoption Safeguards – Successfully opposed legislation in 2017 that would have altered Washington State adoption law in violation of ICWA safeguards. Worked closely with a group of stakeholders, including other Tribes and state adoption officials, on a new version of the proposal that will be before the Legislature in 2018.

OSPI/Pension Policy Board/Teacher Pensions

State Pension Eligibility for Tribal Teachers – Successfully engaged with state education leaders, including the Office of the Superintendent of Public Instruction (OSPI) and state pension experts



Continued on page 2

WA LEGISLATIVE REPORT *continued from page 1*

to create a workable bill draft for 2018 to allow tribes to become qualified employers for the purposes of opting in to the state pension programs for teachers and school employees. By being able to offer state pensions rather than just the tribal pension program, the Tribe will be able to recruit and retain more teachers who may not have chosen to come to the tribal school if they could not transfer their state pension benefits.

Agenda for 2018

GAMING-RELATED ISSUES

Oppose Non-Tribal Gaming Expansion – actively oppose efforts to expand non-tribal gaming, including proposals to legalize fantasy sports as either on-line gambling or as games-of-skill.

Video Pull Tabs – Actively oppose efforts to expand electronic gaming, including video pull tabs

Problem Gambling – Actively engage in legislative efforts seeking to enhance problem gambling statutes, including possibly creating a voluntary self-exclusion system for known problem gamblers.

NATURAL RESOURCES

Atlantic Salmon Farming – Actively support legislation to prohibit Atlantic salmon farming in Washington State waters.

Hirst Decision – Actively engage in water law legislation that modifies the Hirst decision.

EDUCATION

Pension Equality – Actively support legislation to allow federally recognized Indian tribes to be qualified employers for the purposes of voluntarily participating in Washington State teacher & school employee pension programs.

TRANSPORTATION

Road Usage Charge Study – Monitor the Washington Transportation Commission’s pilot project on the road usage charge (RUC).
Transportation/Infrastructure Projects – Monitor and engage on proposals concerning transportation and infrastructure investment opportunities

USE OF DEADLY FORCE

De-Escalation & Mental Health Training – Actively support legislation to enhance de-escalation and mental health training for law enforcement and to remove the malice requirement for prosecuting officers who use deadly force.

INDIAN CHILD WELFARE ACT

ICWA Protection – Actively engage in legislative efforts concerning out-of-home placement of children, with an emphasis on protecting existing preferences under the state and federal Indian Child Welfare Acts.

SUBSTANCE ABUSE & MENTAL HEALTH

Opioid Crisis – Engage in legislative efforts that address the opioid crisis, with an emphasis on placing restrictions on the number of pills that may be prescribed and on creating a prescription drug monitoring program.

OTHER

Mental Health Treatment – Engage in opportunities to secure funding for mental health treatment and other related programs.
Indigenous Peoples’ Day – Support legislation to change the October 12 holiday from Columbus Day to Indigenous Peoples’ Day.
Tribal Prisoner Religious Preferences– Support legislation to replace the word “chaplain” with “religious coordinator” in state statutes dealing with Department of Corrections (DOC) religious and spiritual activities.



ERIC DURBAN RETIRES. The Muckleshoot Casino gave longtime CFO Eric Durban an epic sendoff with a gala bash on January 19. L-R, back row: Virgil Spencer, John Daniels Jr., Peter Valentine, Jesse McDaniel Jr.; front row: Virginia Cross, Pete Jerry, Eric Durban, LeeRoy Courville Sr.



MEET THE CANDIDATES NIGHT
The Muckleshoot Tribe is very fortunate to have so many wonderful people that are willing to serve. Thanks to each and every one who ran for Tribal Council!

JOIN US FOR OUR
MINOR'S TRUST EDUCATION CLASS
 BROUGHT TO YOU BY PROVIDENCE
 FIRST TRUST
 WE ARE LOOKING FOR MUCKLESHOOT TRIBAL MEMBERS WHO ARE PREPARING TO RECEIVE THEIR TRUST FUND
WEDNESDAY MARCH 28
 4PM TO 7PM
 MUCKLESHOOT HEALTH & WELLNESS CENTER
 17500 SE 392ND ST
 AUBURN, WA 98092
 PLEASE CONTACT 253-876-3014 IF YOU HAVE ANY QUESTIONS
 HOPE TO SEE YOU THERE!

2018 Per Capita Deadlines & Schedule

November 30, 2017	- Enrollment Cut Off for <i>March 2018</i> Per Capita
January 31, 2018	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund
February 9, 2018	- Deadline to stop taking Direct Deposit Changes/Cancellations
February 28, 2018	- Enrollment Cut Off Date for <i>June 2018</i> Per Capita
March 6, 2018	- Per Capita Distribution in Cougar Room at PSB
March 7, 2018	- Per Capita Distribution in Cougar Room at PSB
March 8, 2018	- Per Capita Distribution Finance Building
April 30, 2018	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund
May 11, 2018	- Deadline to stop taking Direct Deposit Changes/Cancellations
May 31, 2018	- Enrollment Cut Off Date for <i>September 2018</i> Per Capita
June 5, 2018	- Per Capita Distribution in Cougar Room at PSB
June 6, 2018	- Per Capita Distribution in Cougar Room at PSB
June 7, 2018	- Per Capita Distribution Finance Building

PLEASE NOTE: The monthly Senior assistance payments (TESSA/TESSB) are no longer income, therefore we cannot withhold taxes from those payments. If you would like to have more taxes withheld from your quarterly Per Capita payments – please see Finance to fill out a form.

Marvin "Cubby" Starr Sr.

May 25, 1935 – December 21, 2017

Marvin leaves behind his wife of 55 years Marie LaClair Starr, Daughters Joyce Starr, Dena Starr, Linda Starr and son Marvin Starr Jr, all of Auburn, WA. Grandchildren Sam Obrovac, Kallie Comenout, Addie Iyall, Brian Luangrath, Banson Nguyen, Dena Pedro, Peteru "Lil Sefa" Pedro Jr, Siose Marvin Pedro, Maricia Starr, Valarie Starr, Marvin Starr III, Azela Weed, Robbie Weed, Richie Weed and Loretta Weed.

Marvin was a warrior – he was a soldier in the United States Army and he was very proud to have served our country. He would love to tell his army stories.

Marvin took great care in the way he raised his children and was very proud of his children and grandchildren for the way they carried themselves and of their accomplishments. He made a point to tell them that he was proud of them.

Our dad took the time to teach our family how to live, how to love, how to laugh, how to pray, how to give and how to stay together, take care of one another.

Our dad brought Jesus into our family's heart and taught us how to pray with each new day's start. His favorite prayer was the "Lord's Prayer" and he told us to say this prayer when we were struggling and in need of strength or just to uplift us.

Dad was highly respected amongst many of the young men in our community, always willing to share his knowledge and give advice when needed or to just listen when needed. He also had a very good sense of humor.

Our house was always open to many to come visit or share a meal and he was a giving man. He always had something to give when people came to visit – maybe a small blanket or something he made or whatever.

For a while he worked with Tandra Moses and said that she was a very good worker and could outwork most of the men. He wished that she could have stayed working there because she wanted to learn.



When dad knew that death was imminent he never wavered in his faith. His only request was to be allowed to go home and be with his family, and he requested prayers from the Shakers. We are so grateful for Laurie Starr, Terri Starr, Dub Starr and Brenda Ward for answering his request. They brought the strength that he needed the strength that our family needed and we will be forever grateful.

Our dad wanted us to all stay together to pray and to be there for our mother. Although we didn't know how much time he had, we stayed by his side and welcomed family and friends to come and visit. This made him very happy and he said "I didn't know this many people cared about me."

Marvin "Cubby" Starr Sr was a highly respected man, husband, father, brother, uncle, grandfather, logger, Master Carver, Chef, body & fender, Welder, fisherman, hunter, friend, leader, warrior and it seemed his life would never end. He was a story tell, teacher, mentor and a good listener to so many of the members of our community.

Dad was like his father, Louis "Poshnik" Starr in many ways. His home was always open to many. He was an awesome cook, master carver as taught to him by his father; he knew of the traditional medicines and made medicine for many; he knew how to smoke fish the old way and make jerky. He was never idle.

Special thanks to Doug Brown, aka "Big Baby D" for the special relationship he had with our dad. Doug always looked out for our dad and dad always thought about Doug. Doug shared all of the

traditional foods with our dad, always bringing him smoked fish, deer, elk, razor clams and other gifts that he shared with dad from his travels, and dad always shared with Doug. Their relationship was very special because they cared deeply for each other and respected one another.

Our dad also had a close relationship with Tyson Simmons, our "baby bro" stemming from their comradery in carving the canoes for the tribe. Tyson was always willing to learn and dad was willing to teach, so Tyson gained a lot of knowledge from our dad. Tyson killed his first deer with dad and received the bullet embedded in a horn as a gift, and also learned how to smoke fish in the traditional way and cooked fish over the fire. Special thanks to Tyson for the respect and care that you always showed to our dad. Tyson and our brother Marvin Starr Jr. worked closely with our dad in carving the canoes and both will be able to carve and teach others with the unique skills that they have gained in carving canoes with our dad. Marvin recommended Tyson to our father to be the chosen student.

Our family would like to thank each and every one for the prayers that we received in the most sorrowful time of our lives. We thank you from the bottom of our hearts for the many donations of food that we received during this time.

Behavioral Health was awesome bringing their gifts of food, drinks and supplies to share with all of our visitors and we thank you for that.

Charlotte Williams came to be by our mother's side to give her strength, courage and comfort during this time, and we will forever be grateful for her prayers and caring manner staying by our mom.

Many people stopped by and this was good healing medicine for us. Because one request of our father was that we remain strong and together forever, and always be by our mom's side and help her in any way that we can and to always remain in prayer.

Special thanks to Rita Andrews for officiating the service for our father and doing the services the way that we requested which was actually what our father wanted.

Thank you to Trudi Moses, head cook and her crew for the beautiful meals that they prepared, you are awesome.

Thanks to our Samoan family for show us that we are always in your hearts and prayers as you all are in our hearts and payers. Faitupe Pedro and Ama Tuato thank you so much.

Also thanks to the grave diggers for having the grave ready when we arrived the weather was very harsh the day of the burial and we know that they worked especially hard. Our deepest gratitude to the grave diggers.

A very special thank you to Alvin Reevis, one of our dad's best friends that were like a brother. On the way home from the hospital our dad was telling stories of Al Reevis and the times they shared. He was really lucky to get to talk to him before he passed. Al and his family made a treacherous trip from Montana up here to say farewell to our dad, and he said he would not have missed it for the world. No words can tell him how honored and thankful that we are for this. Al and his family hold a special place in our hearts.

We would like to say that all of the honorary pall bearers were chosen because our dad thought highly of all of you all. Sorry to the ones that we didn't get to tell before the service.

Thanks from the Marvin "Cubby" Starr Family



Larry Nichols

Larry Nichols, of Auburn passed on January 28, 2018 at the age of 65. He was born, August 9, 1952 to David and Laura (Starr) Nichols in Auburn.

Larry loved to work on cars, and also loved the outdoors, rock & roll, road trips and muscle cars, drag races and, especially, family dinners.

He is survived by his brother, Dennis Nichols; many nieces, nephews, and cousins. He is preceded in death by his brother, Dago Nichols and sister Amy Purdy.

A funeral service was held on Thursday, February 1, 2018 at the Muckleshoot Shaker Church, followed by burial at the New White Lake Cemetery. Service was directed by Weeks' Funeral Home in Buckley, WA. Please sign the online guest book at www.weeksfuneralhomes.com



Bernie Ross

Bernie Ross, 45 of Auburn, passed away January 13, 2018. She was born August 13, 1972 in Auburn to Marvin and Helen Ross. Bernie worked at the smoke shop and Casino.

She was a great mother, grandmother and friend. Bernie loved taking care of children, bead work, braiding hair and traveling. She had a green thumb and loved her plants.

Bernie was preceded in death by her mother, Helen Ross, March 19, 1999. She is survived by her father, Marvin Ross, Jr of Auburn; son Austin Ross of Auburn; daughters Agatha Yahtin and Melissa Flores, both of Auburn; brother Marvin Ross III of Auburn; sisters Linda Ramos of Auburn, Pearl Starr (Edwin Comenout) of Puyallup, Nellie Brown and Debora Youckton, both of Auburn. She is also survived by 6 grandchildren.

A funeral service was held, Friday, January 19, 2018 at the Muckleshoot Shaker Church followed by burial at the Old Muckleshoot Cemetery. Service was directed by Weeks' Funeral Home in Buckley, WA.



WALKING ON...

Ivy Marie Yanish

I would like to take the time to personally thank all of my wife's family members – Lloyd Smith, Wayne James, Shirley Goodwin, Fay Allen, Joseph James, Bonnie Benson, Eddie Green and Connie Green for their love, help and support throughout all these past years and especially during this sad occasion.

The Muckleshoot tribal members, all our friends and acquaintances. Also Kerri Marquez, who stood with us from start to finish, helping us and our family with funeral arrangements, transportation, the dinner, announcements and paperwork. Without her assistance I would've been an emotional train wreck. And a special thank you to those who prepared the meal. Again, thank you so much.

It has been unequivocally unfathomable to explain our pain and sorrow regarding the loss of my wife and mother to our sons for all these years. God has blessed us for the time she lived with and among us on this earth for the brief time of 63 years, and for the past 46 years I had the privilege of being her husband.

Ivy filled so many roles in her life. She was a sister, aunt, mother, wife, grandmother and sister-in-law. She attended and graduated grade and high school, and also earned a two-year Executive Business Secretary's degree from Knapp College. She was the head chef of several tribal bingo halls. She was employed in the money rooms and as a Gaming Agent for both the Puyallup and Muckleshoot Tribes.

She loved cooking, beading, ceramics, sewing and garage saleing. She loved movies, especially the ones that make you cry, and taking the train to Portland every year and shopping at Lloyd's Super Mall in Downtown Portland. But Ivy's greatest love was her three sons, Richard Jr., Anthony, and her baby, Steven.

Due to her disabilities, she was limited in doing the things she loved the last few years, but we loved taking care of her because she was indeed Special and her infectious smile could warm the coldest of hearts. My dearest wife gave so much from her heart and in the end it was her heart that stopped and could no longer give. I will Forever Love and Remember You, My Little Toot's.

Your Husband & Sons,

Richard, Anthony & Steven Yanish

Sherrie L. Ward Blalock

Sherrie was Born in Montana. Her parents then moved the family to Kent. Later they resided in Auburn, where she attended schooling. She went to Auburn High where she met many lifelong friends. After she moved out on her own, Sherrie began her family of five children, oldest to youngest: Anna, Jason (passed away shortly after birth), Corey, Russell and Renae.

She then met her longtime life mate Howard Blalock (Jerome) and became a devoted blessed Family. Sherrie and Howard raised their children to the best of their ability as a Mother and Dad.

In Life, she worked as a Certified CNA, a prep cook at Muckleshoot Casino, and as a loving devoted mother/care taker for her daughter Anna.

Sherrie will always be remembered as a loving, caring, devoted mother, wife, grandma, sister, auntie and friend. She always went beyond to care and do what needed to be done, without doing for herself. She cherished her children and grandchildren. Needless to say, Sherrie loved caring people, spending time with her GrandBabies Anthony, Myckenzi, Leila, Kobe, Paige, Sage and Kendall. Also nieces, nephews and grand nieces and nephews, along with her sisters and brother, all whom she loves tremendously always.

She enjoyed spending time with her children teaching them – joking, teasing and laughing amongst each other. Sherrie loved cooking home-cooked meals, watching her fave shoes, sitting outside, shopping for the family, doing everything she felt needed to be done for her Family, tirelessly.

Sherrie also enjoyed hand in hand time with her husband, listening to music together, laughing and joking. Being married was a blessing to her.

Despite Sherrie struggling with many health issues all her life, she still carried on and fought a hard battle, that long fight a life of pain she fought to be with those she cherished for a very long time. Her ailing health was not easy for her, as she enjoyed being an independent woman. Sherrie will always be remembered for the lives she touched, remaining in many hearts. Sherrie will be dearly missed and never forgotten.

Like her Father, Family was everything to Her. She resided on Muckleshoot from her teenage years, a better part of all her life til her parting. Sherrie raised the children with her husband Howard to be strong to continue on strong. To remember Family is Everything.

Sherrie was Born July 31st, 1958. God Called her Home December 20th, 2017. Sherrie is Reunited With her Dad, Samuel Ward, Sister Tina Marie Ward, her Son Jason Ward Jerry, and Husband Howard Blalock.

Louis "Moke" Starr III

Louis "Moke" Starr III, 56 of Auburn, died Dec. 21, 2017. He was born March 5, 1961 to Louis Jr. and Deloris Starr in Auburn. Louis was a fisherman, hunter, carver and artist. He is survived by his sister, Rita James. A funeral service was held on December 29 at the Muckleshoot Shaker Church, followed by burial at the New White Lake Cemetery. Service was directed by Weeks' Funeral Home in Buckley.



TOMANAMUS FOREST 2017 END-OF-SEASON REPORT

By Brian Ahshapanek

The season started on June 19 with one Program Supervisor, three crew leads, and 25 crew members divided among the three crews. During the course of this program the Youth Crew worked on and completed a variety of projects and activities. These activities were wide ranging, from such things as CPR and leadership training, to college visits and trails construction.

Traditional ecological knowledge days were spent learning about different plants and their many uses. Students were taught how to find understory plants, what parts were used, the medicinal uses, and then combined and prepared raw material into balms, salves and tea.

Youth crew members had a wide variety of educational experiences, such as CPR training with the Orting Fire Department, basic firefighting with the WA Department of Natural Resource's fire crew, leadership training, university visits including Green River College (GRC), The University of Washington, and Heritage University on the Yakima Nation.

The crew learned about the college's Natural Resource programs, financial aid, and their educational forests. GRC had the students complete trail hazard tree identification and at UW the crews were able to visit and learn about the UW Botanical Gardens, the plants, and future projects. During their visit to the Yakima Nation the highlight was hearing an indigenous native from Panama talk about his tribe's issues with sovereignty and the pressure on their native forest.

The crews spent time with foresters, in which they were instructed on tree identification, forest health issues, assisted on harvest unit layout, and GPS data was collected to be used by the foresters back in the office. These days were especially beneficial to crew members that were thinking of pursuing a natural resource career.

One of the crew's favorite educational experiences was the SSC 2 projects day. The Youth Crew was able to visit the SSC 2 Silviculture Crew and Road Crew, which is comprised of all Muckleshoot or community members. They were able to connect with the Youth Crew through sharing how they came to work in the forest and what it meant to them.

They also heard from past Youth Crew members about how the Youth Crew helped them to gain full-time employment, the projects they work on now, and the work ethic needed to be on such a crew.

The Youth Crew had exposure to a variety of activities, including the Elders Tour, where they helped set up the facilities in the forest and prepare the lunch for the elders, which consisted of baking fresh salmon and boiling of prawns on an open fire. The crews heard from the elders and tribal council about what the Tomanamus forest means to them, their tribe, and what their participation in the Youth Crew signifies for them.

The trail work the Youth Crew participated in consisted of clearing of existing trails, reroute and rehabilitation of an old trail and constructing a new trail with a gentler grade and new fence. The total distance for trail work and construction was 7.31 miles.

The Youth Crew also restored and reclaimed approximately 28 acres of meadows, which consisted of cutting, limbing, and scattering of small trees to open the meadows up and prevent encroachment on trees. Youth crew members also aided in scotch broom and other invasive plant removal, during the course of the summer the crew eradicated Scotch Broom from approximately 15 acres.

During the course of the program we stressed to the Youth Crew the importance of developing basic job skills, finishing high school, continuing education, overall conduct in the workplace, and the success they will have if they are able to function as a member of a crew with attendance, accountability and positive attitudes.



2017 YOUTH CREW
Working hard for the forest and the community

Here's what they did

8 MI
Trail restoration and construction

28 ACRES
Meadow restoration

15 ACRES
Invasive species removal

18 Traditional Ecological Knowledge, Education, and Professional Development Days

WHAT THE TOMANAMUS FOREST
HAS ACCOMPLISHED IN 4 YEARS

CONSERVED FISH HABITAT

- 8 Fish projects completed
- 2.9 Miles of fish habitat opened
- 8.06 Miles of road improved
- 1.2 miles of road abandoned
- 0.96 miles of road built

PLANTED TREES

- 2,376,427 Trees planted since 2014
- 217,000 seedlings planted by Muckleshoot Silviculture Crew
- 3,050 seedlings planted on Arbor Day tree planting by Muckleshoot youth

INCREASED TRIBAL RECREATION

- Over 514 Muckleshoot tribal members recreating on Tomanamus

CREATED JOBS

- 94 Muckleshoot community members employed
- 18 silviculture crew members
- 5 timber cruisers
- 52 summer youth crew members
- 12 road construction crew members
- 7 forestry technicians

FORESTRY EDUCATION

- Over 55 field trips for students K-12
- After-school Forestry Club
- Project Learning Tree Implementation K-12
- Middle school forestry field course
- High school forestry class

SUCCESS

A lot of amazing things have happened on Tomanamus over the past 4 years, thanks to the leadership and guidance from Muckleshoot tribal members.



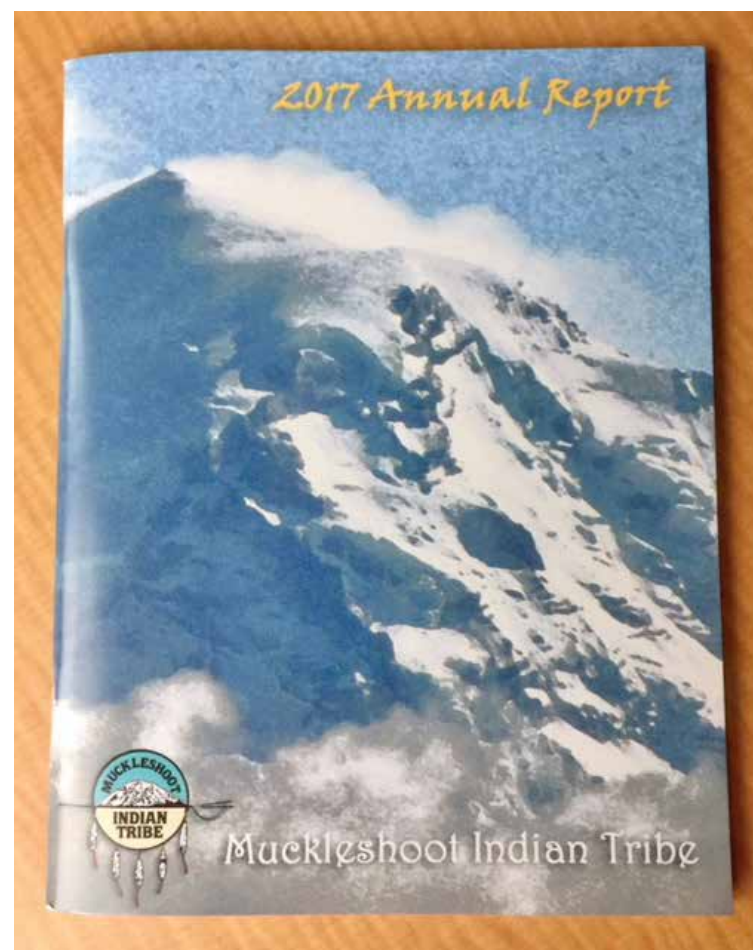
ANNUAL REPORTS ARE AVAILABLE!

Copies of the Muckleshoot Tribe's Annual Report are now available for all tribal members. The Tribal Council has requested that this year's report get the widest possible distribution among tribal members, so we've printed plenty of them. The 2017 Annual Report is 125 pages long and packed with interesting information about the accomplishments and levels of service provided by our MIT Tribal Administration programs.

LOCAL PICKUP. If you live nearby, Annual Reports are available for pickup on the newspaper racks in the Philip Starr Building. Other tribal buildings may also have them.

MAIL-OUT. If you want to have one mailed to you or to any other tribal members, please call Venecia Barrera or Alex Cruz at 253-939-3311 or e-mail them at:

Venecia.Barrera@muckleshoot.nsn.us
Alex.Cruz@muckleshoot.nsn.us



STAFFORD FAMILY DONATES COATS AND HATS TO MCFS. Aaron Stafford and family, of Stafford Excavating, made their annual donation of warm winter gear to MCFS on December 20th, 2017. The tribe would like to thank the Stafford family for their continued support during the holiday season. The Stafford family is pictured above with MCFS Program Manager Romajeane Thomas.

MUCKLESHOOT COMMUNITY CHRISTMAS PARTY

December 16th, 2017 ~ Emerald Downs

PHOTOS BY EVAN AVILA



Muckleshoot Tribal Council Approves Truancy Ordinance

The Muckleshoot Tribal Council recently approved a Truancy Ordinance to assist the school, parents, students, and the community as a whole with the truancy issues at the Muckleshoot Tribal School.

The Truancy Ordinance was drafted in order to ensure that truancy issues on the reservation were addressed in a fair and consistent manner while taking into account the life circumstances of tribal member children and their families. To this end, the ordinance is designed to assist families with the support and services they need in order to achieve regular attendance in school rather than resorting to punitive measures.

The Truancy Ordinance clarifies expectations and establishes structure and guidance to support families. The Truancy Ordinance clarifies issues by defining excused and unexcused absences, expectations for the Tribal School Staff regarding attendance monitoring and parent/guardian notification, and establishing expectations and steps the Tribal School will follow when working with students and families that are experiencing attendance issues.

In addition, the Truancy Ordinance establishes two new tribal entities in order to help students and families achieve full student participation. First, it will create a truancy program whose task is to craft individualized support plans for the students and their families. Second, the ordinance establishes the Truancy Board, which will work to propose solutions and incentives so that students, with the help of their families, are able to attend school on a regular basis.

Over the next few months, the Tribal School will be focused on informing students, parents, and the community on the Truancy Ordinance. We hope you will keep an eye out for additional newsletter articles, brochures, information in the Muckleshoot Monthly,



and community meetings to make sure everyone is informed and understands the changing expectations and routines that are coming.

If you have any pressing concerns or questions please don't hesitate to email me at john.lombardi@muckleshoottribalschool.org.

John Lombardi
Chief School Administrator

TRIBAL DEVELOPMENT'S SPOTLIGHT: COLE BUCHANAN

Tribal Development at Muckleshoot Casino is pleased to announce an outstanding participant in the program. Cole Buchanan is in the Tribal Development Program as a Building Maintenance Engineer. He has been working toward this goal since April of 2016, and has finally finished his program, and is graduating this year. His dedication and initiative have made a lasting impression on his department and management team.



He initially heard about the program from his family members when he was working in Housekeeping. He had been working at the MIC for about four to five months before applying to enter Tribal Development. Originally, Cole was unsure about where he wanted to go but eventually chose to study engineering. Although it was stressful in the beginning, Cole stuck with it and managed to get through his obstacles. He set his goals every month and pushed himself to complete them. Cole's turning point in his success was when the third management rotation took place and Lameko became his trainer. Lameko gave him the freedom and the tools to make decisions and take on projects.

Cole's greatest feeling of accomplishment is when he successfully completes a project. His favorite project was the tribal giveaway at the TGA Annex, where he was able to work with Casual Labor. Those he worked with called him the "Team Leader," he enjoyed being a role model. As far as his favorite TDP event, he learned a lot from Jim Munoa about Tribal Balance and Crucial Conversations. The annual Softball LEAD event was another favorite of his.

Cole is grateful for the opportunities he has because it has given him a career and allowed him to start saving for his future. He is looking into schooling to become a certified Heating Ventilation and Air Conditioning Technician. He is looking forward to gaining more knowledge and experience. Cole is motivated to create a good life for himself and wants the ability to retire comfortably. For now, he plans to stay with the casino long-term, but giving back to his tribe is also important to him.

This year, Cole took the opportunity to help during the Tomamus Community Days event. He contributed by cutting and cooking the elk for the lunch and arrived early to participate and lend a hand. He enjoys participating in community and tribal events and looks forward to being more involved.

Cole is always looking to improve himself and ideas for his department. He is an asset to the casino and the Tribal Development Program. We look forward to watching him continue to grow and reach his goals.



END OF SEASON SALMON DINNER

FEBRUARY 23, 2018

PENTECOSTAL CHURCH 3 PM

39731 Auburn-Enumclaw Rd. SE
Auburn, WA 98092

PASSION FOR THE PROJECT
THE MUCKLESHOOT COMMUNITY OF AUBURN WASHINGTON—GREAT FRIENDS AND SUPPORTERS OF CRAZY HORSE MEMORIAL

Members of the Muckleshoot Community Auburn, Washington.

In June 2017, Muckleshoot Tribal Council Chairwoman Virginia Cross and other Council and Community members visited Crazy Horse Memorial and the Black Hills of South Dakota. Their friendship with the Memorial dates back to 2002 and their continued support has been most impactful to the Memorial's educational endeavors, including the summer program of The Indian University of North America®.

The Muckleshoot Native community is comprised of descendants of the Duwamish and Upper Puyallup peoples who resided in Central Puget Sound for thousands of years. Their historic tribal names were derived from the prairie on which their land was established. The people came to be known as the Muckleshoot.

This past September, the Muckleshoot Community was very kind to serve as hosts for a Crazy Horse Memorial Insider's gathering, where Jadwiga and Laurie took the story and mission of the Memorial to the state of Washington. Crazy Horse Memorial proudly displays the Muckleshoot flag among its gifted collection of numerous flags from Native communities throughout North America. The flags, exhibited throughout the complex, provide a strong representation of the Memorial's mission.

Carrie Aadland with Jadwiga Ziolkowski

Laurie Becvar greets guest at Washington outreach event.

Muckleshoot Tribal Gaming Agency Team Members of the Quarter

Congratulations to the following Muckleshoot Tribal Gaming Agency Team Members for being selected as Team Members of the Quarter for Q4 of 2017!

Shaun Moore

Shaun Moore, Enforcement Agent for the Muckleshoot Tribal Gaming Agency, was selected for Team Member of the Quarter for quarter 4. Shaun is a very flexible team member. He consistently gets overlooked for the contributions he makes. He's extremely positive and pleasant to be around. He helps mentor new team members and he'll cover a shift when necessary. He has lots of positive energy, even under stressful situations, and takes pride in his work. He's a great communicator and his customer service is outstanding. Shaun is a role model Agent and displays our ITRAK values. We want to congratulate Shaun for being selected as one of the TGA Team Members of the Quarter!

Colette Grant

Colette Grant, Gaming Inspector for the Muckleshoot Tribal Gaming Agency, was selected for Team Member of the Quarter for quarter 4. Colette is very dedicated to the Agency and is al-

ways willing to help others. She is very reliable and takes pride in her work. She is an inspiration to her fellow TGA team members. Colette has assisted with covering for her manager when she was out. Colette is an excellent communicator and has a great sense of humor. Congratulations, Colette for being selected as a TGA Team Member of the Quarter!

James Hamby

James Hamby, the Electronic Gaming Specialist for the Muckleshoot Tribal Gaming Agency, was selected for Team Member of the Quarter for quarter 4. James was selected for his great attitude and high level of professionalism. James is also very detailed oriented, very accurate, extremely reliable, and willing to work extra hours whenever needed. James has a great working relationship with Casino, Bingo, and Vendor personnel, as well as with his fellow TGA team members. James shows loyalty and is willing to share his knowledge with his team members. James also takes pride in his work and is willing to do whatever it takes to get the job done. Congratulation to James for being selected as TGA Team Member of the Quarter!!

CALL TO ARTISTS ANNOUNCEMENT

The Muckleshoot Indian Tribe's Traffic Safety (MITTS) program, in coordination with Native Action Network, is seeking interested tribal members in executing a bus shelter mural art project with our tribal youth. As the artist for this project, you will lead students through the coordination, design, and implementation of an actual outdoor painted bus shelter mural.

The MITTS program has initiated a sign-up process with tribal high school students. Hours served on this project will go toward their community involvement requirement. One of the goals of this project is to foster a positive community image and appearance intended to contribute a sense of pride, create a unique identity, encourage community interaction, and preserve our tribal history.

The hope is that the youth involved in the project will learn how murals are about people having an effect on their cities, taking responsibility for their visual and physical environment, leaving records of their lives and in the process transforming neighborhoods, while ultimately creating new artists from the youth of our community.

The outcome of the bus shelter will serve as a safe shelter for riders and provide an admired mural expression of our youth. If you have any

questions or are interested in being an artist for this project, please contact me at 253-204-5516 or via email at huda.swelam@muckleshoot.nsn.us.

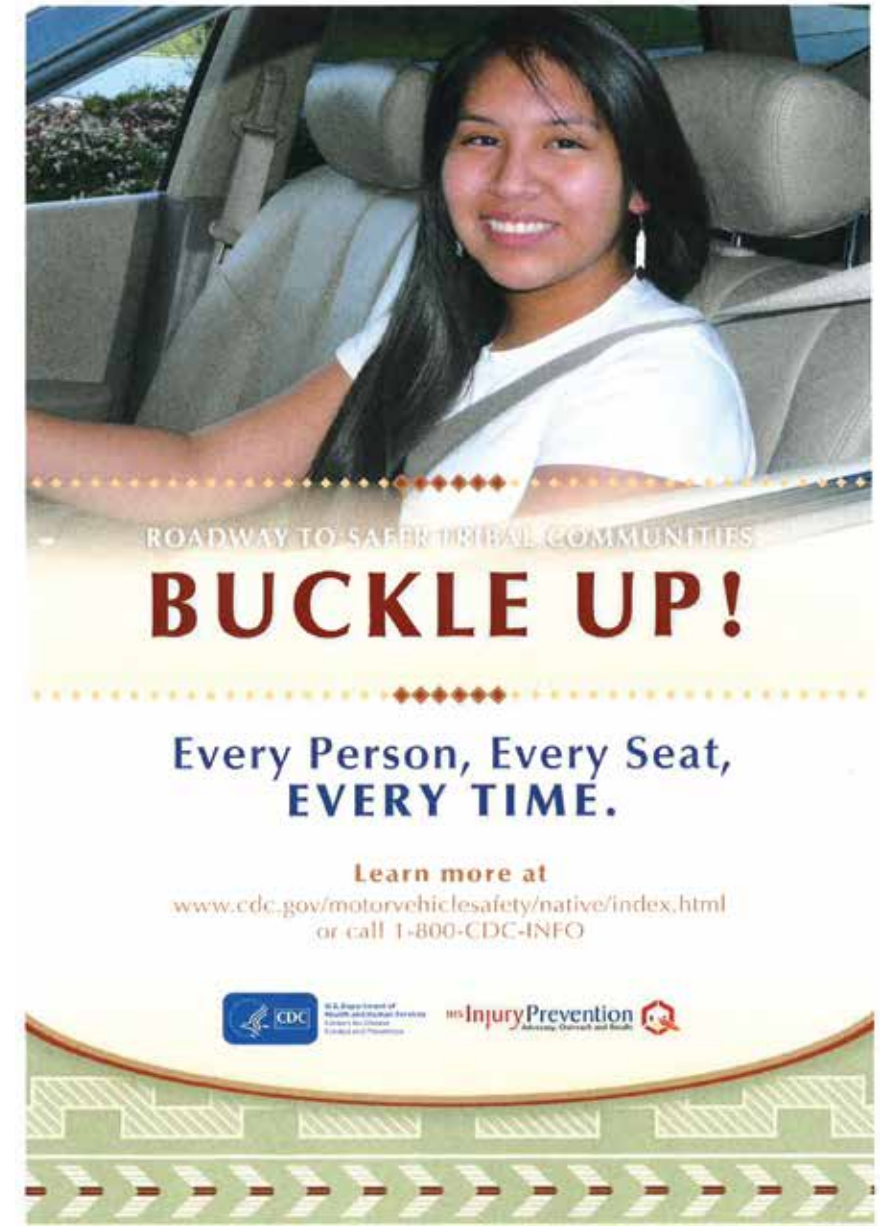
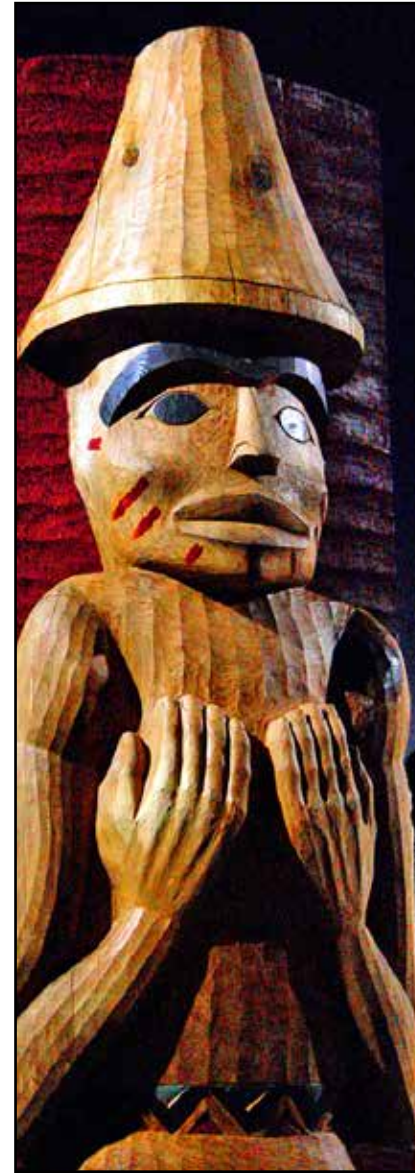
A few milestones this 4th quarter;

Traffic Safety is now on Facebook. Please join our page and be a part of the work that is being done. We are under the Muckleshoot Transportation's page.

We have launched our Muckleshoot Indian Tribal Traffic Safety (MITTS) program.

We are still looking for Traffic Safety Committee Members to take part in making our community a safer place as it relates to traffic safety. If you are interested or would like more information, please contact Huda Swelam at 253-204-5516 or via email at huda.swelam@muckleshoot.nsn.us.

Kind regards,
Huda



WSDOT GEOTECHNICAL BORING NEAR PUSSYFOOT CREEK CROSSING NOTICE

From Jan. 18 – Feb. 6, 2018, Geotechnical exploration for the crossing replacement and gas line relocation will be conducted at SR 164, milepost 8.25. The duration of the project will last for ten total working days (daytime only) including two to three days for set-up (during set-up, one lane of traffic will be closed, but no traffic impacts during drilling are anticipated.) The project will be conducted at four boring locations.

The maximum noise levels for this project will be 72 decibels. The sound level is similar to a lawnmower at 50 feet, but it won't be continuous like a lawnmower. No land use permit from the Tribe is required because: The project locations are within the WSDOT R-O-W and the noise level will only occur during the day.

Trust Services Dept. will notify the allotment 109 35-B landowners, whose properties are located within the 50-foot range of the noise impacts about the noise level caused by the boring. After WSDOT's and Tribal Cultural Resources staff finish evaluating cultural significant areas, specific working days can be identified.



CALL FOR TRIBAL TRAFFIC SAFETY COMMITTEE MEMBERS

If you are interested please Contact;
Huda Swelam, Safety Coordinator at 253-204-5516 or via email at huda.swelam@muckleshoot.nsn.us

We are pleased to announce that the Muckleshoot Indian Tribe has been awarded a grant to establish a Traffic Safety Committee and we are looking for volunteers who would like to get involved in and help improve Tribal traffic safety within our community.

The Washington Traffic Safety Commission (WTSC), through its Tribal Traffic Safety Advisory Board (TTSAB), realizes that the state of Washington cannot reach its target zero traffic fatalities and serious injuries without the help of Tribes. In general, Native Americans have the highest risk of motor vehicle related deaths of all ethnic groups. Motor vehicle crashes are the leading cause of death for Native Americans and are 3.9 times higher than any other group.

In an effort to save lives on tribal reservation's throughout Washington by advancing use of proven traffic safety strategies the Traffic Safety Committee has been tasked with assisting in the development of a strategic plan with goals, benchmarks, strategies, and tactics/initiatives enabling us to implement change and drive improvements ultimately reducing harm or injury.

As a member of the committee you do not need any technical background or any experience in transportation, just a desire to help. The purpose of the committee is to reduce traffic deaths and serious injuries by addressing behavioral choices of community members including seat belt usage, child car seat usage, pedestrian safety, impaired driving, speeding, distracted driving, drowsy driver, driver licensing, and vehicle maintenance.

Together, the recommendations of the committee will represent a comprehensive overview of the strategies needed in building and improving a strong culture of safety and guide improvements. You can help us promote a traffic safety culture to drive continuous progress in safety policies, procedures, and practices.

If you are interested in learning more or getting involved, please contact Huda Swelam at 253-204-5516 or via email at huda.swelam@muckleshoot.nsn.us.

Together we can increase awareness about traffic safety leading in a reduction of the number of fatalities and serious injuries on our reservation.



New Year, New You!

It's a brand new year, so why not get that GED credential or high school diploma needed to start the MOST Program, go to college, and get that dream job or promotion? The GED program is internet-based and can be accessed anywhere, including on your phone. Individual tutoring spots are offered daily for any extra help you may need. Testing is held on Tuesdays and must be scheduled on GED.com.

High School 21+ is also back as Renton Technical College is back in session. This program evaluates a student's high school transcript to figure out what credits are still needed to graduate with a high school diploma. Once the missing credits are determined, the program's instructors look for ways to obtain the needed credits through reflections of life experiences, certificates obtained, jobs held, classes, and projects.

Already have your diploma or GED? We



offer classes on Tuesdays to further your learning, better yourself and get you college ready. Check our calendar for our specialty workshops that include such classes as writing an essay, formatting a college paper, college note-taking, college time management, CLOSE reading and annotation, how to find scholarships, and others.

Also, keep an eye out for Continuing Education classes. If you have a class idea you feel many could benefit from, please let us know. These classes will be open to any community member that wants to learn.

For more information please visit us at the Muckleshoot Tribal College or contact:

Cary Hutchinson
ABE/GED Instructor
253.876.3375
Cary.Hutchinson@muckleshoot.nsn.us

Mitzi Judge
Continuing Education Manager
253.876.3395
Mitzi.Judge@muckleshoot.nsn.us

MOST Program:

Janet Emery, Program Assistant, 253-876-3355
Renee Lozier-Rojas-MOST Program Liaison, 253-876-3292
Andrew Mikel-MOST Program Computer Literacy Instructor, 253-876-3305
Cord Rose, MOST Program IT Instructor, 253-876-3344
Denise Bill, MOST Program Manager, 253-876-3345

GED Learning Center:

The GED Learning Center (GLC) works to prepare second-chance adult learners in the Muckleshoot Community to obtain their GED credential. We seek to serve students by offering free or low cost educational support, engaging students with cultural and real world curriculum, and building GED graduates to become work and college-ready.

Cary Hutchinson
GED Instructor
253-876-3375
Cary.Hutchinson@muckleshoot.nsn.us

Amy Maharaj
GED Instructor
253-876-3256
Amy.Maharaj@muckleshoot.nsn.us

Mitzi Judge
GED Examiner and Continuing Ed Manager

Northwest Indian College:

Two Associate's level degrees:

The Associate of Arts and sciences (AAS), often referred to as the "Direct Transfer Degree"

The Associate of Technical Arts in Chemical Dependency Studies (ATA-CH)

Bachelor's level degrees:

The Bachelor of Arts in Tribal Governance and Business Management (TGBM)

The Bachelor of Arts in Human Services (Community Advocates & Responsive Education)

(C.A.R.E.) ONLINE ONLY!

Jonathan Tomhave – NWIC Muckleshoot Site Manager
Email: jtomhave@nwic.edu
Phone: 360-255-4433

Instructional Aid/Technician: Melissa Reaves
Phone: (360) 255-4432
Email: mreaves@nwic.edu

MIT Scholarship Program:

The Muckleshoot Indian Tribe believes that each tribal member should have the opportunity and support from the Tribe to achieve his or her educational goals. The Tribe views the Higher Education and Vocational-Technical Scholarship Program as an investment in both the tribal member and the future of the tribal community.

Contacts:

Marie Marquez, Financial Aid Director at 253-876-3382.
Dena Starr, Scholarship program Manager at 253-876-3147
Steven Yanish, Academic Advisor/Counselor
Phone: 253.876.3210
Email: steven.yanish@muckleshoot.nsn.us
Melissa Searcy, Admin. Specialist II at 253-876-3378

The Evergreen State College

The Evergreen State College, Grays Harbor and Peninsula Colleges collaborate to provide a Bachelor of Arts degree on various Indian reservations and in urban areas in western Washington. Students can earn an AA through the on-line Native Pathways Program. Once they earn their AA, or once they have 90 transferable credits, students can transfer into the Native Pathways B.A. program. Designed for place-bound students with deep connections to tribal communities, the program is offered at Quinalt, Peninsula College in Port Angeles, and Tacoma. In addition a hybrid online option is available. Visit www.evergreen.edu/tribal to learn more.

Contact:

Dawn Barron – Evergreen
Phone: 360-867-6286
Email: barrond@evergreen.edu

Continuing Ed:

Mitzi Judge Phone: 253.876.3395
Email: Mitzi.judge@muckleshoot.nsn.us

HS21+
High School Diploma Program

RENTECH TECHNICAL COLLEGE
HERE at MTC
Tuesday Jan 30th at 3:30pm

- Are you over the age of 21?
- Did you not finish high school but would like your diploma?
- Were you just 6 or less credits from graduating?
- Do you feel your life experiences should count for something?
- Do you want a diploma and not just a GED?

If you answered "yes" to these questions, then what are you waiting for?

MUCKLESHOOT TRIBAL COLLEGE
Let's get that diploma.

RTC RENTON TECHNICAL COLLEGE

GED Learning Center
Adults 21 years or older work with an RTC instructor and the instructor at the Muckleshoot Tribal College GED Learning Center to demonstrate competencies in reading, writing, and math contextualized in science, history, government, occupational studies, and digital literacy. The program combines current coursework with previous learning, and work and life experiences to result in a **HIGH SCHOOL DIPLOMA.**

Contact:
Cary Hutchinson
GED/HS21+ / ABE Instructor
(253) 876-3375
Mitzi Judge
Continuing Education
(253) 876-3395

What does a Northwest Indian College education look like?
It looks a lot like you.

APPLY TODAY
www.nwic.edu

EARN A BACHELOR'S DEGREE IN YOUR OWN COMMUNITY
NORTHWEST INDIAN COLLEGE
NOW OFFERING A B.A. IN TRIBAL GOVERNANCE & BUSINESS MANAGEMENT AT OUR MUCKLESHOOT CAMPUS

NWIC - Muckleshoot, (253) 876-3183
39011 Auburn - Emuclaw Hwy
www.nwic.edu

MIT SCHOLARSHIP PROGRAM

Friendly reminders for Students receiving Scholarship funding

It is the **STUDENT'S RESPONSIBILITY** to submit the following documents **each term** in order to renew your funding:

Grades/Transcript
Schedule
Tuition Invoice

It is NOT the Scholarship Program's responsibility to obtain these documents. You must work with your school to get these things to send to us.

Funding will not be issued until you turn these documents in.

Where to send documents
ScholarshipsDept@muckleshoot.nsn.us
Emails sent to this address go to all staff members.
Thanks Scholarship Department

MIT Scholarship Program

Phone: 253-876-3378 Email: ScholarshipsDept@muckleshoot.nsn.us

During application periods visit our online application to apply.
<http://Scholarship.muckleshoot.nsn.us>

- Applications must be submitted 30 days prior to the start of your term.
- If your term does not have a typical start date or schedule, call and email us to arrange a time to apply.
- Applications, paperwork, funding, etc. takes 10 business days to process

For more info about the Scholarship Program, visit our website.
<http://tinyurl.com/mitScholarshipProgram>

2017-2018 Application Periods

Summer 2017	Fall 2017	Winter 2018	Spring 2018
Apr 14th—May 28th	July 7th—Aug 18th	Oct 20th—Dec 1st	Jan 19th—March 2nd

Adult Basic Education Classes at Muckleshoot Tribal College

What is Adult Basic Education? Adult Basic Education, also known as "transitional studies," is a bridge for GED/high school graduates who are not fully prepared for college and also for adults who are re-entering the education system after a long period.

Adult Basic Education provides adults with basic necessities to successfully transition to higher education. ABE includes, but is not limited to: career exploration, reading/writing skills, time management, and other essential skills that are necessary for success in college. Here at the Muckleshoot Tribal College, we offer Adult Basic Education classes at no charge.

Classes are run on an on-going basis. Please contact Amy Maharaj 253.876.3256 or Cary Hutchinson 253.876.3375 with any questions or information about upcoming classes.



Students of the Month: November



Middle School, pictured left to right: Brandon Moran, Tyrelle Kindness, Summer Dias, Rita Nowlin. Not pictured: Katelyn Cardenas and Ezra Broady.



High School, pictured left to right: Blaze Long, Kiana Aho, Darcilena Jansen, Miranda Jackson-Ward, Jose Valencia, Michael Guevara, Tehya Jackson, Keevin Williams.

TRIBAL EDUCATION OFFICE WELCOMES NEW EMPLOYEES

The Department of Education is pleased to announce that two great tribal members have joined the staff of the Tribal Education Office. These two individuals are not new to the community or tribal employment but are new to Education. We are very pleased to have the following two individuals *pulling* with us.



Jennifer Ann Snyder

Jennifer Ann Snyder - I am a Muckleshoot Tribal Member but I am also Tsimshian (SE AK), Haida (SE AK), and Siletz (OR). I grew up in South Seattle. I attended Shoreline Community College, Grays Harbor Community College (Online Program), and Northwest Indian College – Muckleshoot College Site.

I received my Associates of Arts at Northwest Indian College and moved on to The University of Washington, Tacoma and earned my Bachelors of Arts in 'Sustainable Urban Development' and Minor in 'Environmental Studies'. I also have some education in 'Tribal Planning' from Eastern Washington University.

I worked for the Muckleshoot Casino in various departments and positions and have worked for the Muckleshoot Indian Tribe since 2014 in various departments and positions that include Planning – Planning Technician, Muckleshoot Transportation - Transit Coordinator, and I just started in the Tribal Education Office – Executive Assistant II.



Katie Avila

Katie Avila - I am an enrolled Muckleshoot Tribal member. I have worked for the tribe in the Muckleshoot Tribal Court and previous to that I worked in the Muckleshoot Scholarship Office. I have an Associate of Arts degree from Green River Community College.

While pursuing my AA degree, I volunteered with the Indian Education Program at the Enumclaw School District. In my spare time, I enjoy physical activity and spending time with my dog, Hank. In September of 2017, I completed my first half marathon. It was a great experience.

Muckleshoot Tribal School

Report it!

REPORT TIPS ON:

SafeSchools Alert is our district's tip reporting service. If you have information about a threat to our safety, do your part and report it! And remember, you can remain anonymous.



4 EASY WAYS

- 1. <http://1603.alert1.us>
- 2. 1603@alert1.us
- 3. 253.285.1986
- 4. Text your tips to 253.285.1986



- Bullying
- Intimidation
- Harassment
- Weapons
- Drugs
- Other

OUR DISTRICT'S TIP REPORTING SERVICE

The safety of our students, staff, and community is one of the Muckleshoot Tribal School's top priorities, that's why we're now using *SafeSchools Alert*, a tip reporting system that allows students, staff, and parents to submit safety concerns to our administration four different ways:

1. **Phone:** (253) -285 -1986
2. **Text:** Text your tip to (253) – 285 - 1986
3. **Email:** 1603@alert1.us
4. **Web:** <http://1603.alert1.us>

Easily report tips on bullying, harassment, drugs, vandalism or any safety issue you're concerned about at the Muckleshoot Tribal School. You can submit a tip anonymously online or by telephone. More information, including the SafeSchools Alert Terms of Use and Privacy Policy, is available online at <http://1603.alert1.us>. Thanks in advance for helping to make our school community a safer place to work and learn! We appreciate your support.

John Lombardi, Chief School Administrator

MTS SENIORS VISIT EVERGREEN STATE COLLEGE



Pictured (L to R) Cedar McCloud and Roselene Williams.

MTS seniors attended Evergreen State Colleges' Preview Day on Saturday, January 13th!

Dontae Bronson Johnson Graduates!

Dontae Bronson Johnson's graduation ceremony from MTS on Friday, January 5th! He is a Muckleshoot Tribal member.



Department of Education
Working Together...

The MIT Department of Education in collaboration with the University of Washington Autism Center Is offering the 2nd workshop of 6 on Autism and other student behavioral issues

February 20, 2018

Muckleshoot Tribal School Cafeteria

Dinner is served from 5:15 to 5:45

Presentation begins at 6:00 PM

Childcare is provided for children ages 4-12

For more information please call Jennifer Snyder at 253-285-4009 or Katie Avila at 253-285-4044

Earth Day 2018
Save the Dates
April 19th & 20th 2018

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." The Lorax



MTS STUDENTS ENJOY TRADITIONAL TEACHINGS

By Leslie LaFontaine

What do you get when you combine knowledge, expertise, know-how, eagerness, tradition, teaching, students, teachers, elders, community members, and respect? A wonderful mix of teaching and learning that flows effortlessly with joy and laughter!

Students have been gifted with a wealth of teachings these last months from so many different avenues. Students learned the bounty of medicine that can be gathered from the dandelion. They loved getting dirty and digging the largest root for making dandelion root lattes. They also made amazing Christmas presents from the medicine of the trees.

We hope family members enjoyed their lovely Cedar bath soaks. Students thoroughly enjoyed throwing pumpkins out into the garden to decompose in hopes of growing pumpkins next year for fall activities. Forest Field Study class made bug spray and moisturizing lip balm for protection during their class time at Tomanamus. Gathering medicines from their test-stand in the forest has been an educational opportunity that we at MTS have thanks to the land that MIT provides.

Students and elders joined forces to create a wonderful day of sharing knowledge while gathering and preparing Cottonwood buds for medicine making. We were fortunate enough to have Donna Starr in attendance to assist us with a language lesson. Students were delighted to work alongside their grandparents in preparing this medicine for sore muscles, anti-inflammatory salves, and antioxidant powers.

A huge thank you to Louie Ungaro, Tyson Simmons, and Leonard Moses Sr. for inviting MTS to come and learn traditional skills of processing a deer! Students were able to listen and watch until they felt comfortable enough to assist in the butchering of this animal. After butchering, students learned how to properly and safely preserve the meat.

As we proceed with the seasonal calendar we are excited to continue these partnerships. *If you have any suggestions or ideas for more of this amazing work please email at Leslie.lafontaine@muckleshoottribalschool.org*





MUCKLESHOOT BOYS BASKETBALL TEAM HAS EPIC SEASON

Tournament-Bound Kings Squad Averages 98 Points Per Game

PHOTOS BY JOHN LOFTUS



2018 Power Paddle to Puyallup
Regional Canoe Journey Informational Meeting
 Suquamish Tribe will be hosting our
 February Regional Meeting

Saturday February 10th, 2018

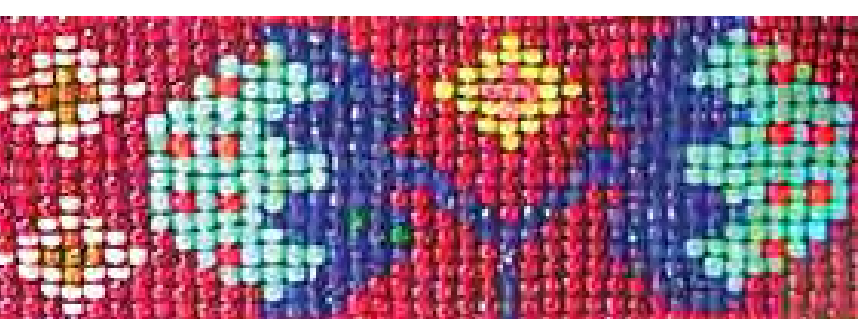
Location
 Suquamish House of Awakened Culture
 7235 NE Parkway
 Suquamish, Washington
 98392

Schedule
 12:00pm Lunch
 1:00pm Meeting
 4:00pm Dinner
 5:30pm Jam Session

For more info
www.paddletopuyallup.org

Melissa Miller
 Puyallup Canoe Journey Coordinator
 (253)260-7185
 melissa.miller@puyalluptribe.com

Tina Jackson
 Suquamish Cultural Activities Coordinator
 (360)394-8455
 tjackson@suquamish.nsn.us



MTS Girls Basketball Plays at Seattle University

By Fawn James

On Saturday, January 20, 2018, Tulalip invited Muckleshoot to a special event they hosted at Seattle University for Girls Grades 5th through 6th to play round robin style basketball, meet and greet Seattle University student-athletes, take a campus tour, and watch the Women's Seattle University game against the University of Texas Rio Grande Valley team.

There were three tribes that participated, Tulalip, Suquamish, and Muckleshoot. I took our Enumclaw Rec team of 4/5 Grade Girls (mostly 5th Graders) they are a new team and our season started two weeks ago so we haven't had much practice so this

was a great team bonding day. We played a good game against Tulalip and the girls really stepped up their defense and using teamwork to get the ball down court.

Our team players were: Leslie Starr, Teuila Atimalala, Kellis Castiollo, Nekole Bargala, Imoni Sykes, Sahara hopper, and Julia Quilt; with Cecilia Reyes as our High School Mentor.

They had a great day together and we are thankful Tulalip included us on their special day. I hope this encourages our youth to aspire to become student-athletes after high school.



MIT Team getting ready to take the SU Main basketball court (L-R: Kellis, Cecilia, Julia, Imoni, Teuila, Leslie, Sahara, and Nekole)



MIT Team having a Q&A session with SU Women's Rowing Athlete



MIT Team bench shot after the game



Muckleshoot in Red, Suquamish in White, Tulalip in Black and in middle on the floor is SU Basketball Player Joana Alves.

MTS Senior Basketball & Cheer Squads Honored

January 25, 2018 ~ Muckleshoot Tribal School Gym

Senior Boys Basketball:
Jesus Bennett #32
Ecko Augkhopinee #31
River Allen #34

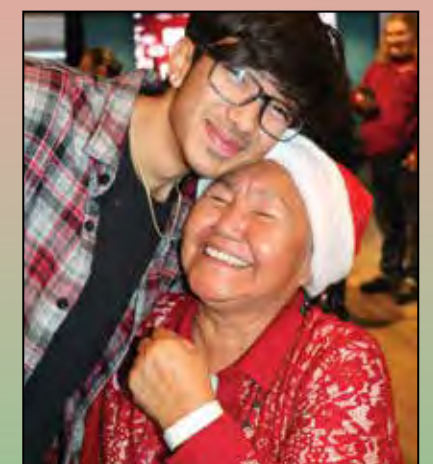
Senior Girls Basketball:
Cecelia Williams #43
Ashley Jerry #41
Darina Louie #42
Kenzi Courville #40

Cheer Squad Seniors:
Cedar McCloud
Nathan Keeline
Ericka Ramirez
Cecelia Williams



MIT Staff Holiday Party

December 22, 2017 ~ Emerald Downs



IS IT MEDICARE OR MEDICAID?

By Kirk Larson, Social Security Washington Public Affairs Specialist

Many people have a difficult time understanding the difference between Medicare and Medicaid. Both programs begin with the letter "M." They're both health insurance programs run by the government. People often ask questions about what Medicare and Medicaid are, what services they cover, and who administers the programs.

Let's start with Medicare. Medicare is the national healthcare program for those aged 65 or older and the disabled. You pay for some Medicare expenses by paying the Medicare tax while you work. The Centers for Medicare & Medicaid Services is the agency in charge of both Medicare and Medicaid, but you sign up for Medicare A (Hospital) and Medicare B (Medical) through Social Security.

You can apply for Medicare online from the convenience of your home at the link on our website: www.socialsecurity.gov/medicare/. If you're already receiving Social Security retirement benefits when you reach age 65 or are in the 25th month of receiving disability checks, we will enroll you automatically.

Medicare Part C (Medicare Advantage) and Part D (Prescription Drug) plans are available for purchase in the insurance marketplace. Social Security administers a program called Extra Help to help people with low income and low resources pay for premiums, co-pays, and co-insurance costs for Part D plans.

Each year, The Centers for Medicare & Medicaid Services publishes Medicare and You, available online at their website at www.medicare.gov/medicare-and-you/medicare-and-you.html. This publication is a user's manual for Medicare.

Each state runs their own Medicaid program under guidance from the Centers for Medicare & Medicaid Services. Medicaid offers care for the most vulnerable among us. While it does not require paying



taxes while working, it does have guidelines about how much income and resources you can have to qualify.

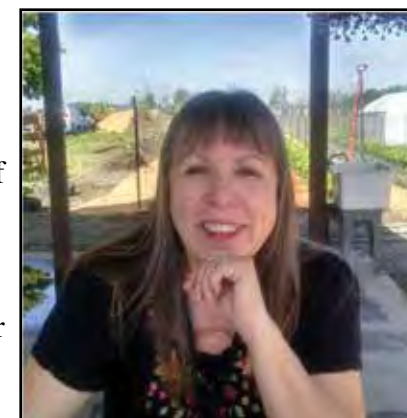
Medicaid provides coverage for older people, people with disabilities, and some families with children. Each state has its own eligibility rules and decides which services to cover. The names of the Medicaid program may vary from state to state.

You can read about each state's Medicaid program at www.medicaid.gov/medicaid/by-state/by-state.html. You can find each state's Medicaid contact information at www.medicaid.gov/about-us/contact-us/contact-state-page.html.

Medicare and Medicaid are two of the major insurance programs that provide healthcare to the American public. Understanding each program, as well as how the two programs differ, can help you and those you care about to find the right healthcare program.

White as Snow

Greetings, to each and every one. I hope you had a wonderful Christmas and New Year with family and friends. Wasn't it great to have snow on that special day of Christmas? That was a wonderful gift to receive (a white Christmas) thanks to our Father above. I hope you put Christ in the center of your Christ-mas, as He truly is what the Christmas celebration is about. He is our gift from the Father, that's the reason for Christmas.



I was thrilled when the snow came and stayed for a while. As it was snowing, and I watched the snowflakes softly flutter down to the ground from the sky above, I began to think about the beauty of the whiteness of the snow.

It brought to my mind that when we acknowledge and receive Jesus into our hearts, He forgives us of our sins and washes us from our past and makes us whiter than snow. As the flakes were falling, I could imagine those flakes so beautiful, as people starting fresh, forgiven, and set free. There is no thought or sin that can't be forgiven when you ask Jesus into your heart sincerely.

Let me paint a picture in your mind to share a simple example of forgiveness. Remember how the snow came and covered the landscape around us? I noticed my trees and plants were all covered and white. All color disappeared. Well, that is how it is with your sins when you ask forgiveness from God and ask Jesus to come into your heart. You are made clean and fresh like the snow and your sins, like the colors of the landscape, disappear into the whiteness of God's love and forgiveness.

Isn't that the most wonderful picture of true love that can be painted into your heart, mind, and spirit? Know you are loved by the Father that cared enough to send His only begotten son, Jesus. He loves unconditionally; He loves you where you're at. It's never too late to repent and ask Him into your heart.

It's a New Year 2018! Let's celebrate God and His Son, Jesus Christ every day. New Year, New Start. Blessings from my heart to yours.

As Always in His love,
Effie Tull



WINTER GARDENING AT MIT

Uri Israel, M.A. Ed.



Tony Mwititi with apple tree clone

What does a gardener do in the winter? **First:** See Noreen at the Elder's Complex to secure tickets and transportation to the North West Home and Garden show on February 9, 2018.

Next: Prepare for this year's crops by pruning dormant (sleeping) trees, categorizing and organizing seeds, and covering gardens with blankets of mulch (leaves, cardboard, straw, etc...) In addition to the suggestions above, create catalogs of seeds, flowers, fruit trees, etc... and create orders/plan for your 2018 garden!

Here are some events and classes that U R Israel will be attending in February. If you contact her, you can sign up to attend as well. **If you are interested in attending any of the following events, call MIT Elders In-Home Support Services and leave a message at (253)-285-4021.**

Seed Swap: This is a very fun event. We bring seeds that we collected at MIT this past year and trade them for seeds from other Puget Sound Gardeners. The event is a potluck and includes a storytelling session too. Some of our gardening crew is going; there is room in the car for several more early bird registrations.

"Every seed has a story – the land and climate that has shaped them, the hands that carried them from one place to the next, and the people's lives they touched along the way"

Date: Thursday, February 8, 2018

Time: 6:00 PM - 8:00 PM

Itinerary: 5:30 Doors open/seed organization, 6:00 potluck begins, 6:30 story share, 7:00 seed swap, 8:00 have a great night!

Location: William Bichsel Hall

Address: St. Leo's Church - 710 S 13th St, Tacoma, WA 98405

Pierce County Conservation Classes: These classes run year-round. They start with pruning, grafting, care of fruit trees, and continue with various topics into September. The MIT EIHS Gardening Program will pay the ten dollar fee per-class and provide a small gas stipend.

Here is the link to those classes: <http://pierced.org/352/Fruit-Tree-Education>. This can be a great garden year with some fun, planning, and preparation (order bulbs, roses etc. now)



Dusto and winter garden covering



Mike Jerry Sr. with his dad, Pete, and Auntie Theresa.

SOCIAL SECURITY CELEBRATES BLACK HISTORY MONTH

By Kirk Larson Social Security Washington Public Affairs Specialist

In February, we honor African Americans by celebrating Black History Month. Created in 1926, this event coincides with Abraham Lincoln's and Frederick Douglass's birthdays. African American communities have celebrated these birthdays together for over 90 years.



Honoring our shared history is one way we can remember that we believe in freedom and democracy for all. Another shared belief is that we all deserve a comfortable retirement, free of economic hardship.

Social Security has the tools to help you plan for your retirement and to apply for benefits online. We also pay disability benefits to individuals with medical conditions that prevent them from working for more than 12 months or that result in death. If the disabled individual has dependent family members, they may also be eligible to receive payments.

We pay disability through two programs: the Social Security Disability Insurance program, for people who have worked and paid Social Security taxes long enough to be eligible, and the Supplemental Security Income program, which pays benefits based on financial need.

Widows, widowers, and their dependent children may be eligible for Social Security survivors benefits. Social Security helps by providing income for the families of workers who die. In fact, 98 of every 100 children could get benefits if a working parent dies. And Social Security pays more benefits to children than any other federal program.

You can learn more about retirement, survivors, and disability benefits, at www.socialsecurity.gov/benefits. Social Security is with you throughout life's journey, helping secure today and tomorrow for you and your family. Visit us today at www.socialsecurity.gov/people/africanamericans.

ATTENTION!



Reserved parking at the Muckleshoot Casino is for Elders 60 years and older. When utilizing reserved parking, make sure that your pass (pictured above) is clearly visible on the dashboard of your vehicle.

The location of the reserved parking lots will be inside the casino garage on the first level (floor level), at row A (row closest to door 4 entrance.)

There will be "Reserved Tribal Elder Parking" signs for easy identification.

PLEASE HAVE PASS VISIBLE ON DASHBOARD WHEN PARKED

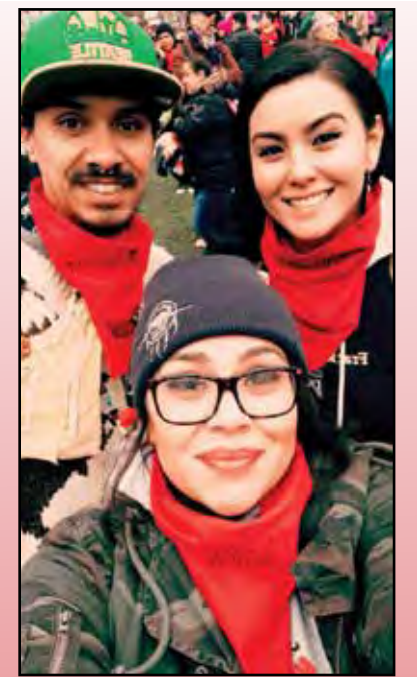
Happy Birthday

Dana Matta	1/01	Valerie Daniels	1/19
Doris Allen	1/02	Mitzi Judge	1/20
Sherri Foreman	1/05	Brent Michel	1/20
Jeannette Aasted	1/06	Ricardo Sinclair	1/21
Benjamin Pierce	1/07	Vincent Morganthaler	1/21
Annette Marsette	1/07	Thomas Louie	1/21
Naomi Elkins	1/09	Darcy Jansen	1/22
Eugene Hoffer Jr	1/10	Margie Williams	1/22
Alfred William Sr	1/10	Karena Udelhoven	1/24
Millecent Thompson	1/12	Donald D'Ambrosio	1/24
Jeffrey Downs	1/13	Joanne Jackson	1/24
Marvin Moses Sr	1/13	Manny Oliver	1/25
Amos Nelson	1/14	Jeffrey Thomas	1/25
Clayton McCluskey	1/14	Jerome Hoptowitz	1/26
Ione Barr	1/15	Debra Anderson	1/27
Verna Moses	1/15	Brenda Jensen	1/28
Mildred Jones	1/15	Eva Cayou	1/28
Dorothy Laird	1/15	Lisa Starr	1/31
Lisa Sneatlum	1/17	Lorraine Starr	1/31
Melvin Daniels	1/19	Ester McCluskey	1/31

Thunder Mountain Middle School Adopts Indigenous Peoples Day

December 4th, 2017 ~ Thunder Mountain Middle School

PHOTOS BY EVAN AVILA



Off to MMIW March, Seattle WA



Father Pat Twohy



THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

SERVICES AT 3:00 P.M. EVERY SUNDAY IN THE COUGAR ROOM ALL INVITED

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

Pentecostal



An Alaskan grandmother visited her grandson recently, both enjoyed their visit to our church



Ben Charles recently shared a moving message about his mission work on the streets of Olympia. He, his wife, and his team call the people his "street family." He prays for them and helps those in need in many ways.

Please come join us for MASS & Catechism At the Muckleshoot Catholic church



Catechism starts at 3:00pm

Mass starts at 5:00pm

As always, enjoy a nice dinner with us and Father Pat Twohy after Mass

For more info. Please contact me at

Tara.Vasquez@muckleshoot.nsn.us

Or by phone at (253)347-6937

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister
Sandy Hedrick, Assistant Minister
Carl "Bud" Moses, 1st Elder
Lee Stafford, 2nd Elder
Gerald Moses Sr., 3rd Elder
Teri Starr, Secretary/Treasurer
Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church

Rev. Kenny Williams, Pastor

Sweet Lodge

Doug Moses, 425-301-60811



Attention: Muckleshoot Tribal Members

The Water, Sewer & Garbage Assistance Program has now been extended to King and Pierce Counties.

Please call (253) 876-2975 for details or stop by Public Works Office (Water Treatment Plant) to pick up an application.

St. Leo The Great Catholic Mass

Tacoma Kateri Circle of St. Leo Church
710 South 13th Street – Tacoma 98405
Catholic (Native) Mass with Father Patrick J. Twohy
1:30 pm every Sunday
Circle meetings 2nd and 4th Sunday
Potluck every 3rd Sunday
www.katericircle.com
Facebook: Tacoma Kateri Circle

Get to Know Our HWC People: Catherine Bedford, MD

My name is Catherine Bedford Wilke. I recently began working at the Health and Wellness Center as a Family Medicine Doctor. I graduated from University of Wisconsin Medical School and did my residency in Iowa. I enjoy working with patients of all ages, from birth through age 99 and beyond. My favorite medical subjects are prenatal care, women's health, birth control, disease prevention, and kids.

I am from Wisconsin, but I moved here six years ago because I was tired of the cold, snowy winters in the Midwest. My family is mostly still in Wisconsin; I have three younger sisters, two nephews, and one niece living there. My mom is retired in Florida and spends her time playing tennis and doing church activities. My goal is to be healthy like my mom when I am older.

I have six kids, ages four all the way up to age 22; five girls and one boy. Five of my kids still live at home. Their dad takes care of them while I work. Things are always busy in a house with seven people, plus a dog and a flock of chickens.

My hobbies include exercising, backpacking



with my son, thrift shopping, attending concerts, and road trips. I am hoping to learn to be a better gardener this summer and to try to start keeping bees. I am enjoying my time here at Muckleshoot and am looking forward to getting to know you too!

Grief & Loss Support

Losing a loved one can leave us feeling lost, sad, confused, empty, angry and alone. The pain of loss can be intense. Grief is a natural response to loss and a unique and different experience for each person. There is no right way to grieve. It does not have a timeframe or end date. Grief is a process, a journey.

There Is Help Available

No one needs to go through the grief process alone. Muckleshoot Behavioral Health Program offers individual and family grief and loss counseling. Behavioral Health Program also offers *Healing with Horses*, a weekly counseling group at the Blue Barn where participants enjoy spending time with horses while processing the difficult emotions of grief, gaining social support and learning coping skills to support themselves and their loved ones.

How Can Counseling Help?

Grief counseling offers a safe, supportive place to process difficult emotions and help each individual walk through their grief journey. Grief counseling can promote a healthy healing process and provide coping strategies to heal while honoring the life of your loved one.

For more information or to sign up for grief and loss support, please contact:

Muckleshoot Behavioral Health Program
(253) 804-8752
And stop by the Blue Barn on Wednesdays between 1-3pm for Healing with Horses Group



Native Community Helpers

Muckleshoot Behavioral Health Program is Recruiting Community

Members to be Trained as [Native Community Helpers](#)



As a Native Community Helper You Will Receive:

- Training in Suicide Prevention and Drug & Alcohol Addiction
- Learn the warning signs of suicide and how to respond to potentially save a life
- Ongoing support from Behavioral Health Program

You Will Become Part of an Important Community-Wide Effort!
It's Easy To Sign Up And Receive More Information To Become A Native Community Helper:

Just Provide Your Name And A Contact Number One Of These Ways:

Call Muckleshoot Behavioral Health Program: (253) 804-8752

Or

Send a Text to: (253) 740-4586

Or

Click or Go To the Link Below:

<http://surveyanyplace.com/s/qtixbejby>



Come join us for the first Diabetes Group meeting of 2018!

When: February 7th in the HWC Mountain Room

What time: 10:30-11:30am

What are we doing? Playing Diabetes Bingo, sharing some delicious foods, winning prizes and getting to know our new Diabetes nurse!

Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

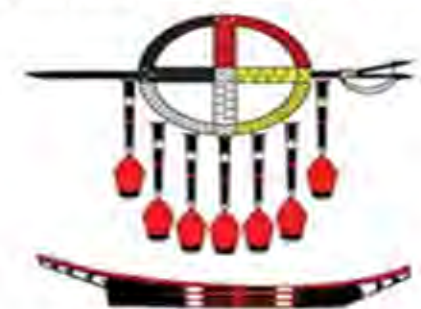
Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you
CHS Team
(253) 939-6648



MUCKLESHOOT BEHAVIORAL HEALTH



PROBLEM GAMBLING RESOURCES

Muckleshoot Resources
Behavioral Health Gambling Outreach
Julia Smiley, MA, CDP is available Monday, Wednesday, and Friday 8am-5pm
(253) 804-8752 x3200
Call and setup an informational session
Local Gamblers Anonymous Meetings
Winner's Circle—Wednesday at 5:30pm, MIT Family Outreach Center
Tuesday & Friday Noon, South King County Alano Club
Tuesday 7:00pm, Crossway Church, 209 M St NE, Auburn
Friday 7:00pm, VRFA HQ, 1101 D St NE, Auburn
Sunday 6:30pm, New Hope Baptist Church, 14024 Stewart Rd, Sumner/Pacific

State/National Resources
Washington State Gambling Helpline 1-800-547-6133

Muckleshoot Behavioral Health

16-Week Anger Management Class
 Open to Join Anytime!
**New Day/Time Starting Feb. 23rd*
Every Thursday
1:30pm-3:00pm
 Facilitated by: **Dr. Sarlak**
 @ Behavioral Health
Meets Court Requirements
 Have Questions?

For questions or more information, contact:
 Bella Townsend @
Behavioral Health Program
 (253) 804-8752

Muckleshoot Behavioral Health Program

Healthy Relationships Women's Group
 Every Tuesday 3-4:30 pm
 at Muckleshoot Behavioral Health Program
Open to All Women in the Community

Refreshments Provided




In This Group You Will:

- Learn What a Healthy Relationship Looks Like with Yourself and Others
- Learn How to Recognize Abuse and How to Change the Cycle of Domestic Violence for Yourself and Your Family
- Support and Be Supported by Other Women Who Want to Improve Their Relationships and Participate in Activities and Art Projects

For more information, contact:
Christine Mandry at the Muckleshoot Behavioral Health Program
 (253) 804-8752

Childcare is Provided at the Health and Wellness Center

ATTENTION TAX FILERS



You will likely be receiving forms from the Washington Health Benefit Exchange. These documents are necessary in the process of filing income taxes. Here are the documents and what they mean:

1095-A Is for:

- Customer enrolled in a Qualified Health Plan, purchased through the exchange.
- This will be mailed to you by Washington Healthplanfinder.
- If you have questions regarding how this form is used please see your tax preparer.


1095-B Is for:

- Customers Enrolled in Washington Apple Health, also known as Medicaid.
- It is important to keep this form for your records even if you do not file a tax return.
- This form will be mailed to you by the Washington Health Care Authority.
- This form serves as proof of minimum essential coverage for the year.

1095-C Is for:

- People who have employer sponsored insurance.
- Form will list all covered individuals under your employer provided health insurance.
- This form serves as proof of minimum essential coverage for the year.
- This form should be mailed to you by your employer by March 31st.

ANY QUESTIONS, FEEL FREE TO STOP BY THE MANAGED CARE DEPARTMENT AT THE MUCKLESHOOT HEALTH AND WELLNESS CENTER!






IF YOU ARE NEEDING A REPLACEMENT:
 - MEDICARE CARD
 - SOCIAL SECURITY CARD
 - MEDICARE BENEFIT LETTER
THERE ARE TWO SOCIAL SECURITY OFFICE LOCATIONS THAT MAY BE ABLE TO ASSIST YOU.

KENT
 321 RAMSEY WAY SUITE# 401
 HOURS OF OPERATION:
 MONDAY, TUESDAY, THURSDAY, FRIDAY
 9:00 AM – 4:00 PM
 WEDNESDAY
 9:00 AM – 12:00 PM

PUYALLUP
 811 S HILL PARK DR
 HOURS OF OPERATION:
 MONDAY, TUESDAY, THURSDAY, FRIDAY
 9:00 AM – 4:00 PM
 WEDNESDAY
 9:00 AM – 12:00 PM

MAIN SOCIAL SECURITY PHONE NUMBER: 1-800-772-1213

Look beyond the bathroom scale and find out what your physical health really is.

Scales give you vague information and cannot tell the difference between fat, muscle, water, organs, etc. We have a tool at the Wellness Center that can measure your overall body composition and give you a *truer* insight to your physical health.

See What You're Made Of

In under a minute see your:

- Body Fat Mass and Percentage
- Cell Health
- Total Body Water
- Total Skeletal Muscle Mass
- Segmental Lean and Fat Analysis

Call the Wellness Center at (253) 333-3616 to make an appointment or just come on in!

FUNNY "DID YOU KNOW" EYE FACTS

- An ostrich's eye is bigger than its brain!
- Your eyes can get sunburned!
- Birds, cats and dogs have 3 eyelids.
- Yes, you can sneeze with your eyes open and no, your eyes won't fall out!
- If the human eye were a digital camera, it would have 576 megapixels.
- A single scallop can possess over a hundred eyes.
- We spend about 10% of our wake time with our eyes closed.
- Dolphins can sleep with one eye open.
- Omphalophobia is the fear of EYES.
- NEWBORNS DON'T SHED TEARS BUT THEY DO KNOW HOW TO CRY.

MHWCOptical Department:
 Monday – Friday: 8:00 A.M. to 5:00 P.M.
 Closed at Noon for Lunch.
 Phone number: (253) 939-6648
 Direct Line: (253) 735-2020

Muckleshoot Behavioral Health Program Presents a...

Teen Dating Violence Parent Awareness Event

IF NOT YOU, THEN WHO?
 Your child is going to learn

Where: HWC Lobby
When: February 26, 2018
10:00 a.m. to 2:00 p.m.
Who: Parents, family members, and guardians

Stop by our table and learn:

- Ways to encourage healthy relationships
- Characteristics of healthy relationships
- Red Flags in unhealthy relationships
- Strategies for teen dating safety
- How to talk to your child about healthy relationships and safety

For more information, contact: **Christine Mandry** at the Muckleshoot Behavioral Health Program:
 253-804-8752

Healing with Horses Group

Come Join The Horses Every Wednesday, 1-3pm



Spend healing time with Horses at the Blue Barn
 Open to join any time. Just show up!
 All Community Members Welcome
 Blue Barn: 38122 180th Ave. SE, Auburn 98092

For more info, contact: **Karyn Cross-Sarabia** @ the Behavioral Health Program:
 (253) 804-8752

SICK AND DON'T WANT TO WAIT LONG HOURS IN A HOSPITAL E.R.?

There are local Urgent Care Medical Centers that can help you.

Sore Throat, Ear Ache, Ankle Injury, Upper Respiratory Infections: These are just a few of the conditions they can help you with. They can also do lab work and x-rays, if needed.

If you decide to go after 5:00pm or on the weekend, CHS does consider this as an emergency room visit.

You must call CHS office for PO numbers within 72 hours/3 days of being seen.

CHS OFFICE – 253-939-6648

If you are too sick to call, a family member or friend can call for you.

SOME URGENT CARE CENTERS YOU CAN CALL TO CHECK THE WAIT TIME

MULTICARE URGENT CARE – AUBURN
 202 Cross Street SE | Phone: 253-876-8111
 Hours: Monday – Friday, 8:00am – 7:30pm
 Saturday & Sunday, 8:00am – 3:30pm

MULTICARE URGENT CARE – KENT
 222 State Ave N | Phone: 253-372-7788
 Hours: Monday – Friday, 9:00am – 8:30pm
 Saturday & Sunday, 9:00am – 4:30pm

MULTICARE URGENT CARE – COVINGTON
 17700 SE 272nd St @ Wax Road | Phone: 253-372-7020
 Hours: Monday – Friday, 8:00am – 7:30pm
 Saturday & Sunday, 8:00am – 5:30pm

VALLEY MEDICAL CENTER – COVINGTON
 27500 168th Place SE | Phone: 253-395-2006
 Hours: Monday – Friday, 8:00am – 8:00pm
 Saturday & Sunday, 8:00am – 4:00pm

09/01/15 MI URGENT CARE NOTICE

State of Washington
Services Card



MARTHA WASHINGTON
 123456789WA
 Date Issued: 5/10

ARE YOU NEEDING A NEW PROVIDER ONE CARD?

YOU CAN GET A REPLACEMENT THREE WAYS!

- CALL 1-800-562-3022 EXT 15616
- ONLINE <https://www.waproviderone.org/client>
- COME IN TO THE MUCKLESHOOT MANAGED CARE DEPARTMENT!
 17500 SE 392ND ST AUBURN WA 98092
 253-939-6648



What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!

By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



Teen Dating Violence Awareness

February is National Teen Dating Violence Awareness and Prevention month. Dating violence often begins between 6th and 12th grade. loveisrespect.org, an organization for teen awareness regarding dating violence, reports that one in three teens and young adults experience some form of dating abuse.

Abuser Patterns: Abuse commonly starts with control, not physical abuse. Sometimes there isn't physical violence in an abusive relationship at all. Emotional abuse can be equally as harmful.

Perpetrators frequently use manipulation, domination, and break down their partner's self-confidence. Perpetrators do this by making fun of, intimidating, or convincing their partners to do things they don't want to do. A common goal of this behavior is to lead partners to believe that no one else could love them so they need to stay in the abusive relationship.

My teen would tell me if they were being abused: Secrecy is the shield for perpetrators. Teen dating violence is only disclosed in 33% of the cases. There are several reasons teens don't tell their parents or family members including the fear that their parents will make them break up, believe that the abuse is their fault, fear that the perpetrator will hurt them or hurt their family or pets and embarrassment/shame.

What can I do if I suspect my teen is in an abusive relationship?: Parents can help even if their teen hasn't confided that

they are in an abusive relationship by telling their teen in a loving way that they are valuable and cared about and they do not deserve to be abused by anyone.

Teach children and teens that there is zero tolerance for any abusive, coercive or disrespectful language or behavior towards them. Abuse is never the victim's fault.

Discussing and modeling a respectful relationship with children and teens will help them to understand what a healthy relationship looks like.

Signs of Abuse to Watch For Include dramatic changes in personality, dropping out of activities they used to enjoy, no longer hanging out with friends besides their partner, appearing anxious if they can't call their partner (may be worried what will happen if they don't call), significant drop in grades, less motivation, and unexplained bruises or other injuries

For information, questions, and help pertaining to Teen Dating Violence contact:

Christine Mandry, Domestic Violence Advocate Muckleshoot Behavioral Health Program: 253-804-8752
Or Muckleshoot Family and Youth Services: 253-333-3605



NOTICE:

The Feathered Healing Circle will meet on Wednesday at 5:00 PM – Cynthia Lozier

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	7-9 pm	8-6 pm	7 am-9 pm
Tuesday	7-9 pm	8-6 pm	7 am-9 pm
Wednesday	7-9 pm	9-6 pm	7 am-9 pm
Thursday	7-9 pm	8-6 pm	7 am-9 pm
Friday	7-9 pm	8-6 pm	7 am-9 pm
Saturday		-----8 am-7 pm	10-2 pm
Sunday	All Programs Closed		

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 735-2020	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00 Sat 10-2 pm
Wellness Center	(253) 333-3616	Open Sat 10-2 pm
WIC Thurs Only	8-4:30 (253) 939-6648	12:00-1:00

Child Find Screening

What is a Child Find Screening?

Screening is a free check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School Helen Feiger Student Support Services Coordinator 15209 SE 376 th St Auburn WA 98092 253-931-6709 Ext 3700	Marty Laronal Support Services Manager Muckleshoot Early Childhood Education Center 15599 SE 376 th St Auburn, WA 98092 253-876-3056 Ext 3922
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NEW YEARS EVE WING DRESS AND DRUM CLASSES

December 31st, 2017 ~ Muckleshoot Health and Wellness Center

PHOTOS BY SARA SAM



When Can I sign Up for Medicare Part A & Part B?

Will You Be 65 years old within the next 3 months?

1st Month	2nd Month	3rd Month	5th Month	6th Month	7th Month
<p>When should you sign up for Medicare:</p> <ul style="list-style-type: none"> You can sign up for Medicare 3 months before or 3 months after your 65th birthday; Or if your employer sponsored health insurance ends due to retirement; If you are currently covered by an employer sponsored health insurance you may not have to sign up for Medicare until that coverage ends; You should check with your employer to see if they require you to sign up for Medicare when you turn 65 years old; 			<p>What is Medicare Health Insurance?</p> <p>Original Medicare has 2 parts:</p> <ol style="list-style-type: none"> Medicare Part A—covers inpatient hospital, skilled nursing facility hospice & home health care; Medicare Part B—covers outpatient medical care, including doctor visits, durable medical equipment, lab tests, and preventative services. <p>NOTE: If you don't sign up for Medicare Part B when you're first eligible you will have to pay a "Late Enrollment Penalty" for as long as you have Part B.</p>		

Your Birthday Month

Visit the Health & Wellness Center's Managed Care Department at 17500 SE 392nd Street Auburn, WA PH # 253-939-6648

HOW TO APPLY FOR THE 2017 TAX EXEMPTION FOR AMERICAN INDIANS AND ALASKAN NATIVES

It is important to note that if you were not enrolled in minimum essential health insurance coverage, you may be subject to a fine at tax time unless you qualify for one of the following exemptions:

- You are a member of a Federally recognized tribe;
- You are a member of the Alaska Native Claims Act Corporation (ANCSA);
- You are eligible to receive services from an Indian Health Care Provider at I.H.S.,

How to Claim the Exemption on your Federal Income Tax Return:

- Complete the IRS Form 8965—"Health Coverage Exemptions"
- On Part III of the form enter "Code E" for the Indian Exemption in column "c" and check the box in column "d" for "Full Year"
- Include your completed Form 8965 when you file your income taxes

For More Information contact:
 The Managed Care Department
 Muckleshoot Health & Wellness Center
 Ph # 253-939-6648

HOUSING/SHELTER RESOURCES

Catholic Community Services – Home & Arise

Men's Shelters

Phone contact: (253) 854-0077 Ext: 2

Locations: St. Anthony's Church, 314 S 4th St., Renton, WA, 98057 OR Kent Family Center, 1229 W Smith St, Kent, WA, 98032

Coordinates two case-managed shelter programs for men, ages 18 and older. Shelters hosted by congregations in Kent and Renton; average stays of 6-12 months. No fees. Please call ahead.

Renton In-take (walk-in only): Tu & Th, 1-3pm.

Kent In-take (walk-in only): M & W, 1-3pm & 5-7pm; Tues & Th, 3-5pm.

Union Gospel Mission – Hope Place

Shelter for Single Women, Women with children

Phone contact: (206) 628-2008

Location: 3802 S Othello St, Seattle 98118

Provides shelter for women, with or without children. Includes mandatory spiritual activities. No fees. CALL for screening. M-F 8:30-9am.

Catholic Community Services

Single Men & Women's Shelter

Phone contact: (253) 572-0131

Location: 1142 Court E Tacoma Ave S, Tacoma, WA, 98402

Provides a safe place where men and women experiencing homelessness can get a good night's sleep, respect, and begin a process of generating income and becoming housed. Open 5pm-7am.

Multi-Service Center

Family Shelter (Moms, Dads, & Kids)

Phone contact: (253) 854-3437 Ext: 104

Location: 515 W Harrison St, Kent, WA, 98032

Emergency shelter for homeless families with children, ages 17 and younger; priority for families of 4+. All families may apply. LEAVE A MSG. AT LEAST TWICE PER WEEK until call is returned.

Auburn Youth Resources

Youth Shelter

Phone contact: (253) 833-5666

Location: 816 F Street Southeast, Auburn, WA 98002

Provides shelter for homeless youth, ages 10 through 17, in south King County. Written parental consent required for 72-plus hour stay. Sliding scale fees, may be free. Call for screening: 24 hours daily.

YWCA – South King County

Family Shelter (Moms, Dads, & Kids)

Phone contact: (425) 255-1201

Location: Families housed in independent apartment units in Kent, Renton and Auburn areas.

Call for availability. Leave a message DAILY, until call is returned. 24-hour voicemail

Mental Health Services Available

Muckleshoot Behavioral Health Program
 17517 SE 392nd Street
 Auburn, Washington 98002
 (253) 804-3752

Ask your counselor for more information about any of these services

We're recruiting Community Members Who are interested in becoming Native Community Helpers

You Will Receive:

- Training in Suicide Prevention and Drug and Alcohol Addiction
- Learn the warning signs of suicide and how to respond to help save a life
- Ongoing support from Behavioral Health Program

You'll Become Part of an Important Community-Wide Effort!

It's Easy To Sign Up:
 Provide your Name & Contact

1) Tell your counselor you're interested in signing up
 or
 2) Text: (253) 740-4586
 or
 3) Go to this link:
<http://surveyplace.com/s/qxubejby>

Counseling Services

Therapy services begin with a mental health intake during which individuals identify their goals, strengths and needs. Ongoing service options are trauma-informed and include individual, couples, family, and group counseling, crisis intervention, in-home therapy, and case management. Goals are individualized to each client, and services are confidential. Contact your assigned therapist to discuss which therapy options would be the best fit for you.

Outreach and Transportation Services

Outreach services include crisis response, checking in on community members, in-home therapy, and case management. Transportation is available to and from your counseling services and groups. Contact the front desk or your therapist to request outreach or transportation.

Medication Management

Psychiatric services, including assessment and ongoing medication management, are available to clients participating in mental health therapy. Psychiatric providers work as a team with the client and their therapist to tailor services to each client's unique treatment and medication needs. Contact your individual therapist to discuss how medication services may work for you.

Domestic Violence Survivor Advocacy Services

Service include:
 *Safety Planning *Filing for Protection Orders *Ongoing Support Group for Women *Therapy Services for Victims and Their Families *Support in Navigating the Social and Legal Systems *Emergency Housing *Legal Referrals *Basic Needs

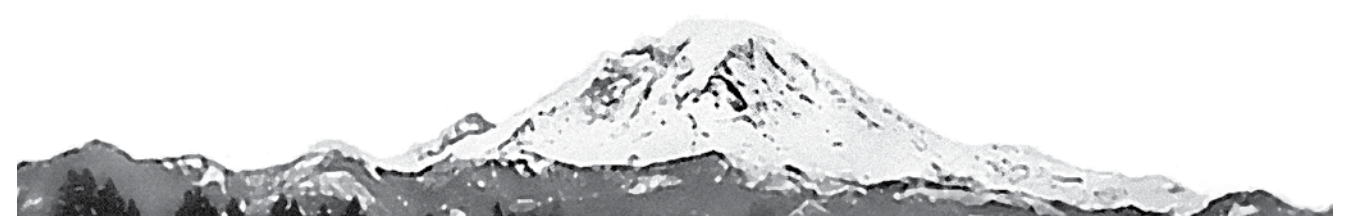
Contact Christine Mandry or your therapist for information.

Equine Assisted Therapy

Equine Assisted Therapy, the use of horses within the therapy setting, is an effective and fun therapy model provided in a safe environment. This approach can be used to address emotional roadblocks, address past trauma and provide emotional healing, and increase self-esteem. Contact Karyn Cross-Sarabia or your therapist for information.

Nexalin

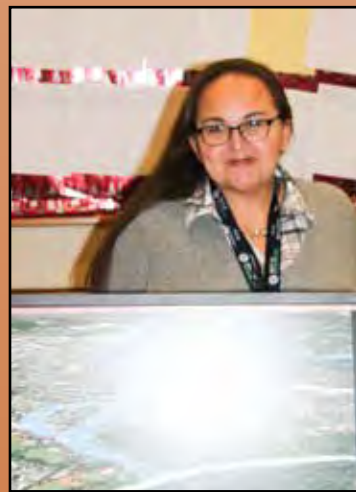
If you're suffering from anxiety, depression, and/or insomnia, you may benefit from incorporating Nexalin into your current mental health treatment. It's a drug-free alternative to medication, or can be used to enhance the medications you are already using. Nexalin delivers mild currents that feel undetectable and may help reduce symptoms. Contact your therapist for more information.



2017 MITT Open House

November 30th, 2017 ~ Muckleshoot Elders Center

PHOTOS BY EVAN AVILA



BECOME A CHILD CARE PROVIDER!

*Do you love children? Have extra time on your hands?
Want to make some money? Have a clean background?*

If you answered yes, we have the program for you; help our tribal families with childcare by becoming an approved childcare provider.

How to become a family, friend, or neighbor provider:

Visit the Muckleshoot CCDF program at the Muckleshoot Early Childhood Education Center, located on the Tribal School Campus (15599 SE 376th St Auburn, WA 98092) and request a CCDF Home Provider Application.

Fill out the application completely and attach all required documentation including a copy of your first aid/CPR card, a valid picture ID, background check questionnaire & forms, completed W-9 form, and a copy of your social security card (front and back.)

Submit completed application to the Muckleshoot CCDF office (must have original application – no faxed applications accepted.)

A CCDF representative will contact you within three business days to notify you about the status of your application review and/or to coordinate pre-screening. Once pre-screening requirements are met, a home-health, and safety inspection will be performed at the residence where childcare will take place.

Upon a cleared inspection you will be eligible to care for approved Muckleshoot CCDF Families.

Contact: Monalisa Mendoza, CCDF
(Monday – Friday 8:00am – 4:00pm)
Phone: (253) 876-3056 * 3915
Email: Monalisa.mendoza@muckleshoot.nsn.us

A MESSAGE FROM THE DEPARTMENT OF REVENUE

The Department of Revenue wants to inform tribes and tribal citizens of a new state law that may affect them when they make purchases that are delivered to them into the Indian country where they are enrolled.

Marketplace Fairness:

Beginning January 1, 2018, marketplace facilitators (businesses that link buyers and sellers through a physical or electronic marketplace) and remote sellers (businesses that are not physically present in Washington and may sell items through the internet or catalogs) who make sales into Washington State may elect to either comply with certain notice and reporting requirements or collect Washington sales tax.

Marketplace facilitators and remote sellers that do not choose to collect the tax must notify the customer of their use tax obligation and provide the state a list of those customers located within the state and their respective purchases.

How this may affect tribes and tribal citizens:

As a result of this new law, tribes and tribal citizens may be charged sales/use taxes for their purchase that are delivered to them in their Indian country by the remote seller. As you know, tribes and tribal citizens that purchase goods or service and have them delivered to the Indian country in which they are enrolled are exempt from state sales/use tax. These purchases are still exempt.

How can you ensure your purchases are exempt from sales taxes?

Tribal citizens should provide the remote seller with their tribal identification and an exemption form. You may use an exemption form created by the Department or one that captures all of the appropriate elements to document the exemption.

The Department is working with marketplace facilitators and remote sellers to make sure they are aware of the tribal exemption and have a way to exempt tribal purchases.

Can I get a refund for taxes that are paid in error?

Yes. We recommend that the tribe or tribal citizen first ask the marketplace facilitator or remote seller for a refund of any sales tax paid because the marketplace facilitator or remote seller has the direct relationship with the buyer. If the marketplace facilitator or remote seller does not refund the sales tax paid, the tribe or tribal citizen may apply for a refund directly from the Department.

To obtain a refund directly from the Department, you must use an Application for Refund or Credit form and one of the following exemption forms, all of which can be found on the Department's website: Dor.wa.gov

- Sellers Declaration for Buyer's Refund of Retail Sales Tax, or
- Buyer's Declaration for Refund of Retail Sales Tax

Complete the refund request forms and mail it to the Department with proof of the amount of retail sales tax paid a copy of your tribal identification, and a completed exemption form. Refund requests should be mailed to:

Attn: Refunds
Washington State Department of Revenue
PO Box 47476
Olympia, WA 98504-7476

More information

For more information on this new law go to the "Market Place Fairness" site on the Department's website <https://dor.wa.gov>
You can also find information for tribes and tribal citizens on this website.

For Questions, feel free to contact
Shana Barehand, Tribal Liaison, (360) 534-1573 or by email:
Shanab@dor.wa.gov

Free Legal Services for Low Income Native Americans and Alaska Natives

Are you facing an issue in school? Do you need help with your attendance or performance in school? We can help!

The Native American Unit at Northwest Justice Project provides free civil (non-criminal) legal services to eligible Native American / Alaska Native students and their families in Washington. Cina Littlebird at the Native American Unit is available to provide advice and representation to Native American youth and their families in civil legal matters that can impact the student's attendance or performance in school.

Cina can work with you on (among other things):

- **Education matters** including:
 - o Expulsion, suspension, & truancy
 - o Discriminatory discipline
 - o Special education & learning disabilities
 - o Parents' rights
 - o Other situations impacting a student's ability to participate in school
- **Emancipation** (students seeking to be legally independent of their parents)
- **Foster & homeless student issues**
- **Health matters** including denial of health care services or assistance in obtaining mental health services
- **Housing problems** such as evictions, discrimination, or deposit issues
- **Public benefits matters** including applying for, denial of, or reduction of public benefits

To find out if Cina or the Native American Unit can help you, contact Cina at cina.littlebird@nwjustice.org or (206) 464-1519 ext. 0919.

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



MUCKLESHOOT HOUSING AUTHORITY OFFERS FREE CREDIT COUNSELING

Credit counselors can help you analyze your finances and find ways to improve your situation.

A credit counselor can take a look at your income and spending to help you determine where your money is spent each month. By taking a closer look at your finances, counselors can identify opportunities to cut costs and save more of what you earn.

To help you create a monthly budget, they can work with you to categorize and set limits for all of your expenses. Then, most importantly, they can help you create an action plan to help stick to the budget you have built together.

If you are struggling with debt, a credit counselor can help you calculate how much you owe, determine how much you are paying in interest, and find out where you stand with your creditors. If it seems like your monthly payments are too high, they can recommend a service.

Consolidation may allow you to combine your debt into one lower monthly payment. Also, they can help you determine where you stand with your creditors, and provide tips on how to manage your credit in the future.



To obtain free credit counseling, please contact Dia Nichols @ 253-285-4052.

Dia A. Nichols,
Credit Counselor
Muckleshoot Housing Authority
38037 158th Avenue SE
Auburn, WA 98092
Direct Line: 253-285-4052
Dia.Nichols@muckleshoot.nsn.us



Are you eligible to receive child care assistance?

Is your child(ren):

- ✓ 12 years of age or younger?
- ✓ Of American Indian/Alaska Native descent?



Are you:

- ✓ Employed
- ✓ Enrolled in educational courses
- ✓ In job training
- ✓ Or participating in job search activities

Child care assistance is based upon your family's size & monthly income that is at or below 85% of King County's median income. You qualify, if your family's monthly income falls between the following ranges:

- Family size of 1: \$0 - 4,484
- Family size of 2: \$0 - 5,121
- Family size of 3: \$0 - 5,759
- Family size of 4: \$0 - 6,396
- Family size of 5: \$0 - 6,913
- Family size of 6: \$0 - 7,423
- Family size of 7: \$0 - 7,933
- Family size of 8: \$0 - 8,443

****Up to 100% of King County's median income for Enrolled Muckleshoot Tribal Member & direct descendant going 1 generation back- Mother or Father must be enrolled.**

Give us a call: 253-876-3016
Email: Linda.eyle@muckleshoot.nsn.us
Or stop by the office: 15599 SE 376th St Auburn, WA 98092
Located @ the Muckleshoot Early Childhood Education Center on the Tribal School Campus.

IN THE MUCKLESHOOT COURT OF JUSTICE FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

Case No. MUC-PO-12/17-201

In Re the Protection of: D. T
Elder/Vulnerable Adult's Name, DOB: ___03/30/1959___, an elder/vulnerable adult

Vs.

Respondent's name, Victor Wynne DOB: ___11/24/1984___, Respondent

NOTICE OF HEARING ON PROTECTION ORDER PETITION
TO: Respondent's name, Victor Wynne DOB: ___11/24/1984___

IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

1. The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the protected person.
2. Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the protected person.
3. The respondent is Excluded from the protected person's residence.
4. The respondent is Restrained from coming near and from having any contact with the elder/vulnerable adult, in person or through others, by phone, mail, or any means, directly or indirectly, except through an attorney, or mailing or delivery by a third party of court documents.
5. Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence.
6. A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law.
7. The protection order expires April 26, 2018, but may be renewed prior to its expiration.
8. Next hearing: April 26, 2018 at 11:00 A.M.
9. Parties are responsible for updating the court as to any change of service address.

SO ORDERED the 25TH day of January, 2018.
/s/ RANDY DOUCET, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE

Muckleshoot Tribal Court
39015 172nd Avenue SE, Auburn, WA 98092
Phone: (253) 876-3203 / Fax: (253) 876-2903

IN THE MUCKLESHOOT COURT OF JUSTICE FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

Case No. MUC-PO-12/17-200

In Re the Protection of: D. T
Elder/Vulnerable Adult's Name, DOB: ___03/30/1959___, an elder/vulnerable adult

Vs.

Respondent's name, Leanne Redthunder DOB: ___04/01/1997___, Respondent

NOTICE OF HEARING ON PROTECTION ORDER PETITION
TO: Respondent's name, Leanne Redthunder DOB: ___04/01/1997___

IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

1. The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the protected person.
2. Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the protected person.
3. The respondent is Excluded from the protected person's residence.
4. The respondent is Restrained from coming near and from having any contact with the elder/vulnerable adult, in person or through others, by phone, mail, or any means, directly or indirectly, except through an attorney, or mailing or delivery by a third party of court documents.
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Muckleshoot Tribal Court
39015 172nd Avenue SE, Auburn, WA 98092
Phone: (253) 876-3203 / Fax: (253) 876-2903

Free Legal Services for Native American Victims of Domestic Violence and Other Crimes

Northwest Justice Project's Coordinated Legal Education Assistance and Referral program (CLEAR) has new services available for Native American crime victims through the CLEAR-CV-Native American Program. An NJP attorney is available to provide advice, brief services and referrals in civil (non-criminal) legal matters stemming from the client's experience as a crime victim.

Examples of legal problems include:

- Family Law** matters such as divorce, custody and protection orders involving domestic violence or sexual assault, especially when the case is in tribal court or the client believes it should be in tribal court; or when tribal court orders are not enforced.
- Health** matters including denial of health care services or assistance in obtaining mental health services to deal with victimization
- Housing** problems such as evictions or needing to break a lease due to a crime in the home
- Economic security** issues such as medical bills, utility access and other consumer problems caused by an assault, abuse, or fraud.
- Other** legal problems resulting from being a victim of crime

If you are a Native American crime victim seeking legal assistance, ask a tribal service provider or a staff member of an organization that serves Native Americans for a referral. Social services staff or tribal advocates refer clients to the CLEAR-CV-Native American program by sending a referral form.

Questions? Contact Jennifer Yogi at jennifery@nwjustice.org or (206) 464-1519 ext. 0921

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



Revised 1-18-2017

Tomanamus Forest Permits

Get them at the Wildlife Department at the Philip Starr Building. Bring in a copy of your vehicle insurance and a license plate number
Tribal Members Only.
The permits are FREE.
Office Hours are 8am to 5pm
Monday thru Friday.

From the Office of Tribal Credit...

Did you know that our office has copies of the Consumer Reports magazine? You are more than welcome to stop by our office and take a look at them. We can also photocopy pages for you too. Consumer Reports has The Best of the Best and Worst of the Worst for vehicles as well as any other item that you might be looking to buy.

Muckleshoot MONTHLY

READ THE MUCKLESHOOT MONTHLY ON-LINE AT:
<http://www.muckleshoot.nsn.us/community/muckleshoot-monthly.aspx>

Pioneer Rock & Monument
201 Crafton Rd - PO Box 348 Goldendale, Wa 98620
Map to store on website 509-773-4702

Making Headstones For 30 years
1987 - 2017

Specializing in Native American Design

Bring this ad for
\$30 OFF ON A PHOTO PLATE

www.pioneerrock.com

HOME-BUYER Workshop

Please join Muckleshoot Housing Thursday, February 22@ 8:30 am for our Homebuyer Education Workshop. We are providing breakfast so come hungry for fun, food, and knowledge about the home-buying process!

Housing Training Facility in Skopabsh Village

If you wish to attend the session, please contact:
Dia Nichols @ 253-285-4052,
Dia.Nichols@Muckleshoot.nsn.us

EVENTS CALENDAR

- February 7 **Diabetes Group Meeting** at the Health and Wellness Center Mountain Room from 10:30 am - 11:30 am.
- February 10 **Power Paddle to Puyallup** Informational Meeting at the Suquamish House of Awakened Culture. Starts at 12:00 pm.
- February 20 **Autism Workshop (2/6)** at the Muckleshoot Tribal School Cafeteria. Dinner is served at 5:15 pm. The presentation begins at 6:00 pm.
- February 22 **Home-Buyer Workshop** at the Housing Training Facility in Skopabsh Village at 8:30 am. Call Dia Nichols at 253-285-4052
- February 23 **End of Season Salmon Dinner** 3pm at Pentecostal Church
- February 26 **Teen Dating Violence Parent Awareness Event** at the Health and Wellness Center Lobby from 10:00 am to 2:00 pm.
- March 28 **Minor's Trust Education Class** at Muckleshoot Health & Wellness Center from 4 - 7pm. Call 253-876-3014 for more info
- April 19 & 20 **Earth day 2018a**

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

NOTICE OF PETITION FOR NAME CHANGE

Case No. MUC-NC-11/17-191,192
PETITIONER: Keilani Moses on behalf of D. R., DOB: 05/22/2014 and P. R. DOB: 07/10/2015
Any person who may have an objection to this name change may file a notice of objection with the Muckleshoot Tribal Court 39015 172nd Ave SE, Auburn, Washington on or before the hearing scheduled for Tuesday, April 3, 2018 at 10:00 AM.

Community Service Hours

Tribal and community members needing to complete community service hours obligations for the courts can come see me at the Phillip Starr Building. If you have community service hour obligations and need to start working on them, I can set you up for a place to work them off so you can complete them. Please contact me at 253-876-3153 or email me at walter.pacheco@muckleshoot.nsn.us.

Cultural Events

The Cultural Program Instruction Schedule:

Culture Song, Dance & Dinner

When: Every 2nd Tuesday of the month: Canoe Family song & dance - 5:30 to 7:30 PM

Get Your Weave On! Weaving with Gail WhiteEagle

When: Tuesdays (except 2nd Tuesday's) - 12:00 PM to 8:00 PM
Wednesdays & Thursdays - 9:00 AM to 5:00 PM
Both are at the Canoe Family Clubhouse

Sewing Projects with Pauline Lezard & Sandy Heddrick

When: Workshop times are every Tuesday thru Thursday. They include beading and sewing instruction. Sewing Projects are located at the Lemmon Tree Lane office located next to the Virginia Cross Education Center.

Classes are open to all community members and tribal employees.

GET READY FOR HEAVY RAINS AND FLOODING



Watch weather forecasts for the potential of heavy rains or rainfall build-up over multiple days. These guidelines can help you get prepared before the waters rise.

- Personal Preparedness**
- Use the Take Winter By Storm Checklist to prepare an emergency kit, including a radio, flashlight, extra batteries, a first-aid kit, emergency contact information, water, and non-perishable food. You can find a detailed list at TakeWinterByStorm.org.
 - Keep rain gear, water repellent clothing and extra warm clothing handy at home, work and in your vehicle to use in an emergency.
- Drainage/Landslides**
- Rake leaves and debris away from storm drains to keep them clear to avoid flooding streets and damage to personal property.
 - Report flooding drains and streets as soon as possible.
 - Double-check your homeowner's policy to see if you are covered for storm water damage in your home -- if not, add this coverage to your insurance.
 - Watch the patterns of storm water drainage on slopes near your home, and note the places where runoff water converges.
 - Grade property so water drains away from the foundation and downspouts direct water and from property into the storm drainage system.
 - Watch the hills around your home for any signs of land movement, such as small landslides, debris flows or progressively tilting trees. Contact your local geotechnical or structural engineer to determine the severity of the problem.
- Flooding**
- Keep valuables on high shelves when storing materials in basements or in areas that are prone to floods.
 - Stay out of flooding basements. You could be electrocuted or drown.
 - Never drive into standing water or around road-closure signs.
 - If your vehicle stalls in water, abandon it and get to higher ground. It takes only a foot or two of rapidly-moving water to sweep away a car.
 - If you live near rivers that historically flood, be prepared for river flooding. Have an emergency kit ready to grab and go in case of evacuation.
 - Be safe. If a flood warning is issued, get to higher ground immediately! Follow evacuation and other official directions during flood emergencies, but don't wait for them if you think you are in danger.
 - Walking or playing around flood waters is dangerous; you can be knocked from your feet in water only six inches deep!
 - Homeowners, renters and businesses should purchase flood insurance.
 - If your natural gas furnace shuts down because of flooding, shut off the electric supply to the furnace until the water recedes and ducts are dry.
 - If you smell a natural gas odor or suspect a leak, leave your home or building immediately and call your natural gas utility or 911.
 - Notify your natural gas utility if flooding causes water levels to cover your gas meter. A representative from the utility will need to check the meter and regulator before any gas appliance can be used.
 - If you have to evacuate your home or building as the result of a flood, shut off your gas and electricity, only if you can do so safely. This may prevent damage to your gas and electric appliances.
 - Call your natural gas utility to schedule a service-check for your natural gas appliances after they have dried out and the area around the affected appliances has been cleaned.

When heavy rains strike, first ensure your own safety. Then check in with family, friends, and neighbors to make sure they are OK.



MUCKLESHOOT INDIAN TRIBE PUBLIC WORKS DEPARTMENT

COMMUNITY DEVELOPMENT DIVISION
39620 176th Lane SE, Auburn, WA 98092
(253) 876-2975

To: All Muckleshoot Tribal Families in King and Pierce Counties
RE: MIT Water, Sewer & Garbage Assistance Program

As we begin 2018 the Public Works staff would like to take this opportunity thank all of the Tribal members that have submitted their utility invoices in a timely manner and remind everyone how important it is to submit your invoices timely to insure your water, sewer & garbage bill is processed in time to avoid unnecessary late fees and shut off notices.

1. Please make sure you bring in your monthly water, sewer & garbage invoices to the Public Works office on 400th Street as soon as you received them in the mail. You may also choose to email or fax them to our office:

Email to both: tara.sheldon@muckleshoot.nsn.us; Phone: 253-876-3054
loretta.moses@muckleshoot.nsn.us; Phone: 253-876-3071
Fax: 253-876-3026
Deliver: 39620 SE 176th Lane, Auburn (by the water tower off 400th Street)

2. Due to the Finance department's check run deadline, please submit your utility bills to our office no later than **Tuesday at noon** in order for your payment to be issued on the following Friday.
3. Another option is to pay your water, sewer & garbage bills and request reimbursement from Public Works later. In such case, please make sure you bring in the bill along with the proof of payment to the Public Works office so we can process the reimbursement.

We appreciate your attention in this important matter and your cooperation is greatly appreciated. If you have any question, please feel free to contact any one of us in the office at the numbers above.

Respectfully,

Eddy T. Chu
Director of Public Works

Betty & Norman Rittenhouse Marriage

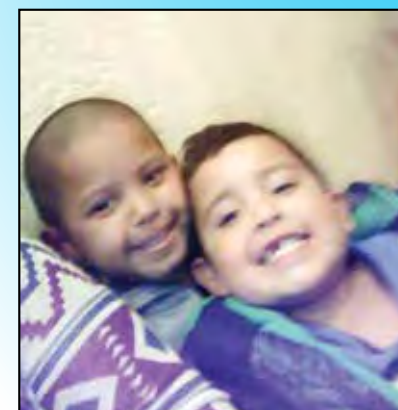
This beautiful picture comes to us from our longtime friend formerly known as Betty Erskine LMT. She's kept the LMT part, but has tied the knot and is now also known as Mrs. Norman Rittenhouse. Congratulations, you two!



Happiest of birthdays to my Papa Dennis!
 You truly deserve the absolute best today!
 I hope your day is everything
 you wanted it to be!
 Love you whole bunches

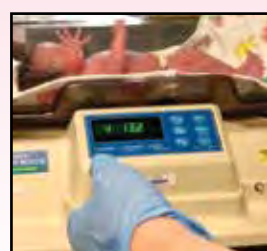
Happy 3rd birthday Kyson and Braden

- From mommy,
 daddy, Karley, Tristan,
 La'Myah, Jaidan, and
 Jason.



Alana Huwalani Aho

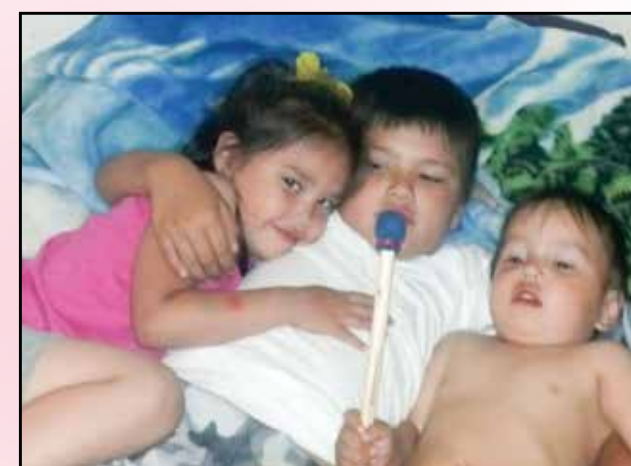
This is Alana Huwalani Aho, born on December 27, 2017 at 11:44 a.m. at the Auburn Regional Medical Center. She weighed 4lbs, 13oz and was 17 inches long. Proud parents are Sunny Sneatlum and Kaimi Aho; sisters, Courtney Aho (passed), Ashley Aho (passed), Lokelani Aho, Kiana Aho, Angie Aho, Ebony Aho and Savannah Aho; and one brother, Kaimi Aho Jr. Alana is also a Li'i Auntie! Her niece is Nevaeh Aho and her nephew is Quincy Aho.



Feb. 6th

Happy birthday Isabella

We love you and hope your day is blessed with lots of love and laughter. You were born to sparkle and are such a blessing.
 Love always,
 Mom, Timmy, and Oakley



1st TRIBAL MEMBERS ON TOMANAMUS SLEDDING HILL!

Paul Johnson, Niya Ahshapanek, and Lonna Swanson (shown here) are the first to try out the new sledding hill on Tomanamus Forest.



Bud Moses and son Kyle on Salmon River.



My son filled his special youth tag for bighorn. Awesome job, Michael!

~ Mike Jerry Sr.



Happy Birthday Eva Cayou 1/28!

Happy Birthday
 Alfred Williams Sr! 1/10

Happy Birthday Joseph Anthony
 Martin 2/21!

- with love ~ all of us Martins &
 family.